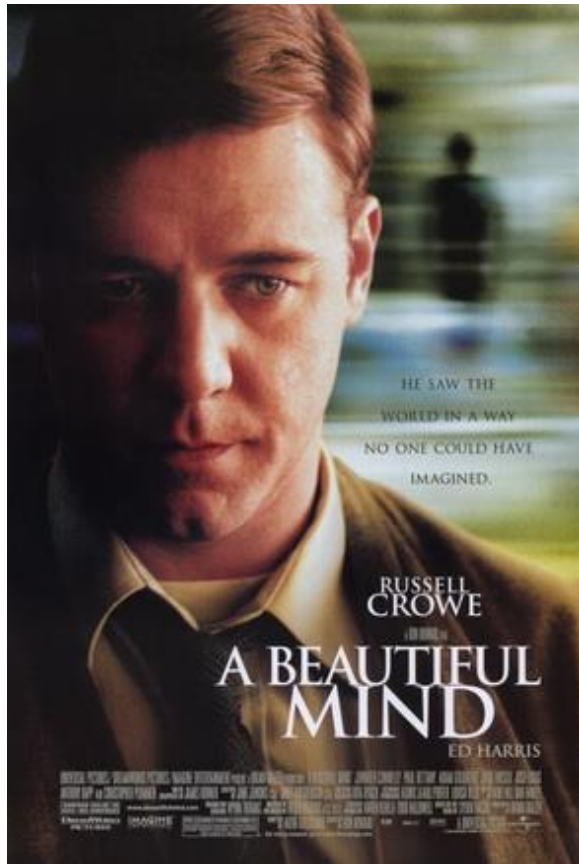


# Psychology watch list



# A beautiful mind



Starring:	Russell Crowe
What's it about?	True story of mathematician John Nash and his struggle with schizophrenia
What topics is it useful for?	Schizophrenia
Age rating:	12
Realism rating:	*****
Rating:	*****



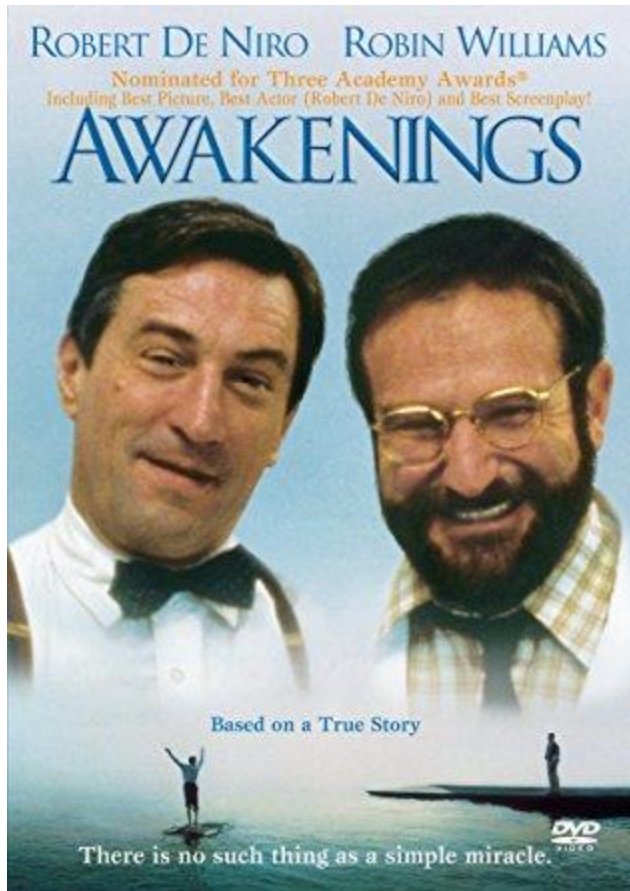
# A dangerous method



Starring:	Keira Knightley
What's it about?	Freud and Jung take their ideas to America but disagree massively in how they view one famous patient
What topics is it useful for?	Approaches in psychology
Age rating:	15 (lots of sex)
Realism rating:	****
Rating:	****



# Awakenings



<b>Starring:</b>	<b>Robert de Niro, Robin Williams</b>
<b>What's it about?</b>	A psychiatrist goes to work with a group of mental health patients whose illness cannot be diagnosed
<b>What topics is it useful for?</b>	Behaviours (year 13)
<b>Age rating:</b>	12
<b>Realism rating:</b>	*****
<b>Rating:</b>	***



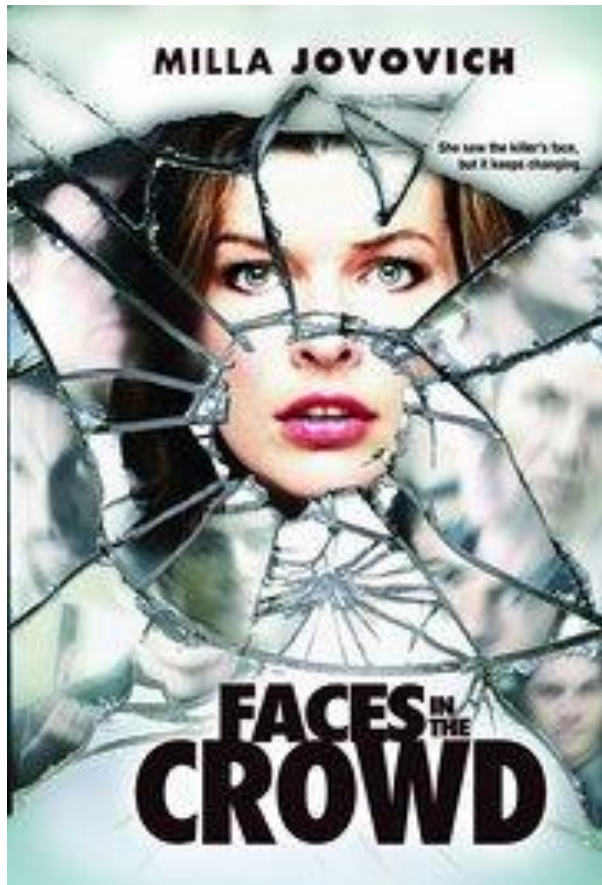
# Experimenter



Starring:	Peter Sarsgaard, Winona Ryder
What's it about?	The life and times of Stanley Milgram and his famous obedience research
What topics is it useful for?	Approaches, Issues and debates, Research Methods
Age rating:	15
Realism rating:	****
Rating:	*****



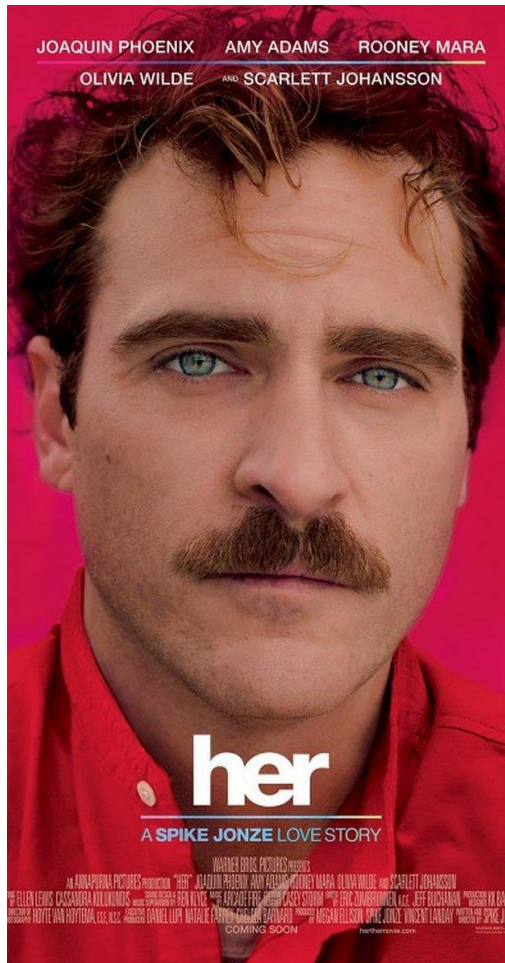
# Faces in the crowd



<b>Starring:</b>	<b>Milla Jovovich</b>
What's it about?	A woman is attacked and loses her ability to recognise faces, which is a problem as she is the only one who can recognise the attacker
What topics is it useful for?	Biological approach
Age rating:	15
Realism rating:	**
Rating:	**



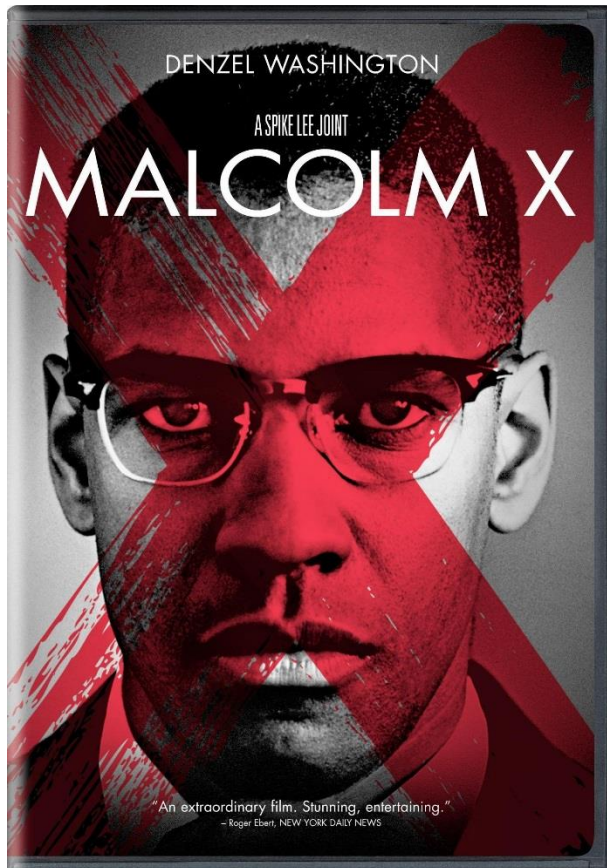
# Her



<b>Starring:</b>	Joaquin Phoenix
<b>What's it about?</b>	A man with a broken heart starts an online relationship
<b>What topics is it useful for?</b>	Relationships
<b>Age rating:</b>	15
<b>Realism rating:</b>	**
<b>Rating:</b>	*****



# Malcolm X



<b>Starring:</b>	<b>Denzel Washington</b>
What's it about?	The true story of civil rights campaigner, Malcolm X
What topics is it useful for?	Behaviourist approach
Age rating:	15
Realism rating:	****
Rating:	****





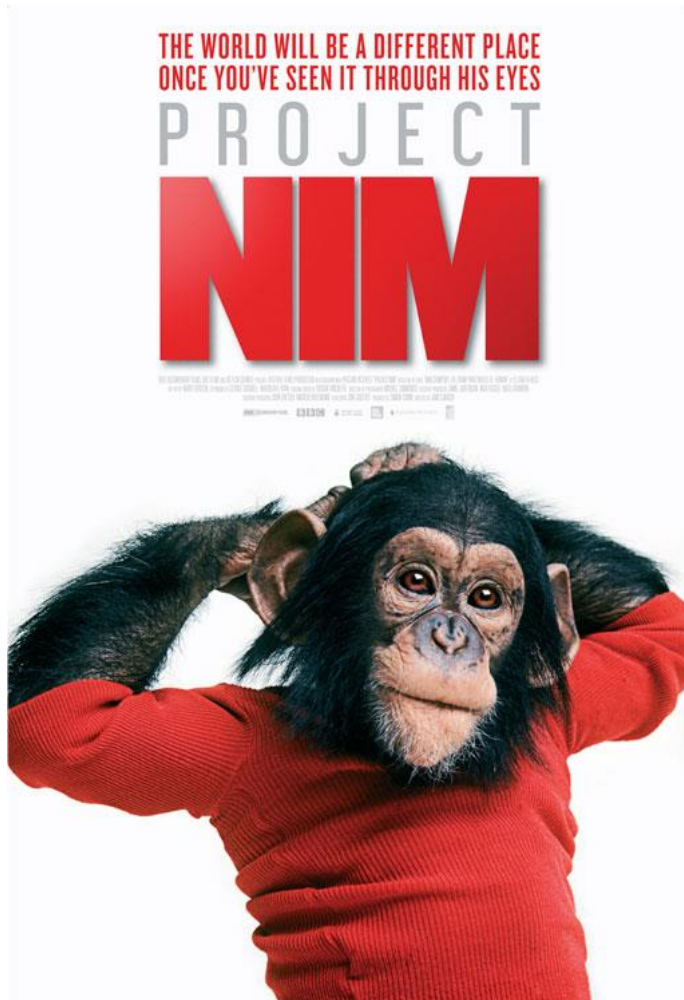
# Memento



<b>Starring:</b>	<b>Guy pearce</b>
<b>What's it about?</b>	A man loses the ability to form new memories but needs to find a way to remember who killed his wife so he can exact revenge
<b>What topics is it useful for?</b>	Cognitive psychology
<b>Age rating:</b>	15
<b>Realism rating:</b>	***
<b>Rating:</b>	****



# Project Nim



<b>Starring:</b>	<b>Nim Chimpsky</b>
<b>What's it about?</b>	A chimp is raised as a human and taught sign language
<b>What topics is it useful for?</b>	Issues and debates, behaviourism
<b>Age rating:</b>	12
<b>Realism rating:</b>	*****
<b>Rating:</b>	*****



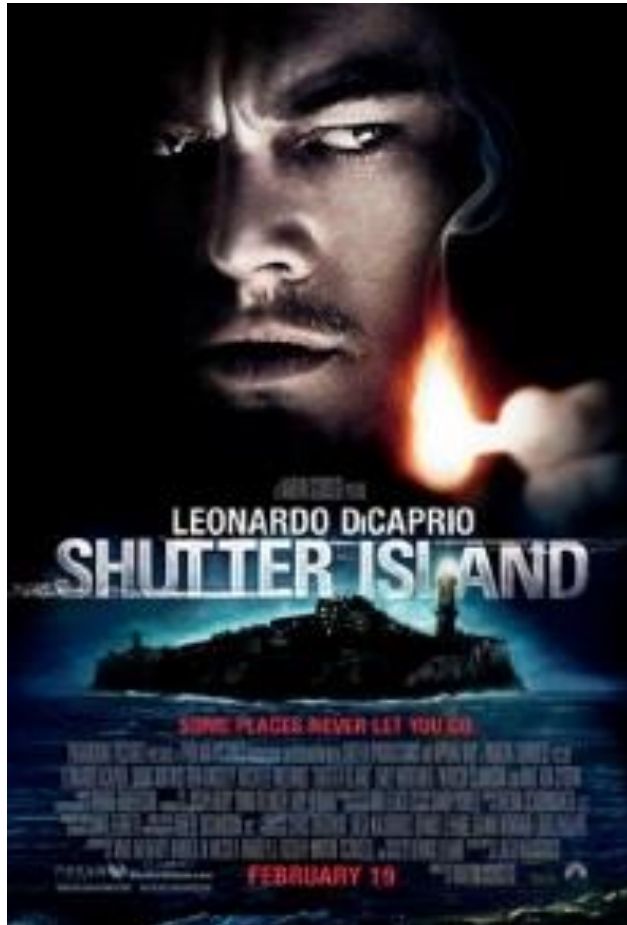
# Selma



<b>Starring:</b>	<b>David Oyelowo</b>
What's it about?	The true story of Martin Luther King's march from Selma
What topics is it useful for?	Psychology of persuasion
Age rating:	15
Realism rating:	*****
Rating:	***



# Shutter Island



<b>Starring:</b>	<b>Leonardo di Caprio</b>
What's it about?	A woman has disappeared from a mental health institution and detectives are sent to investigate
What topics is it useful for?	Schizophrenia
Age rating:	15
Realism rating:	***
Rating:	*****



# Split

AN ORIGINAL THRILLER FROM WRITER/DIRECTOR  
M. NIGHT SHYAMALAN  
**SPLIT**  
THIS JANUARY



<b>Starring:</b>	<b>James McAvoy</b>
What's it about?	Girls are kidnapped by a man with multiple personality disorder
What topics is it useful for?	Schizophrenia
Age rating:	15
Realism rating:	**
Rating:	*****



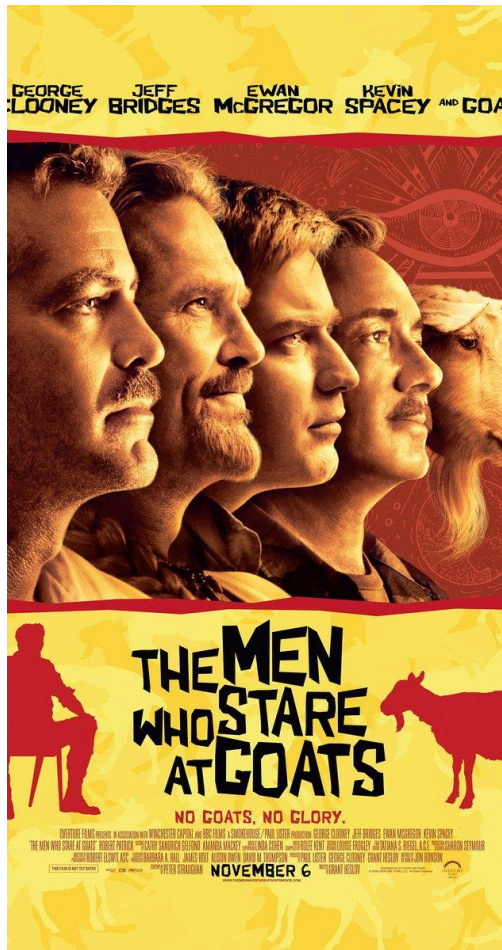
# The experiment



Starring:	Adrien Brody, Forest Whitaker
What's it about?	A Hollywood interpretation of the famous Stanford Prison study
What topics is it useful for?	Research methods (ethics)
Age rating:	15
Realism rating:	*
Rating:	***



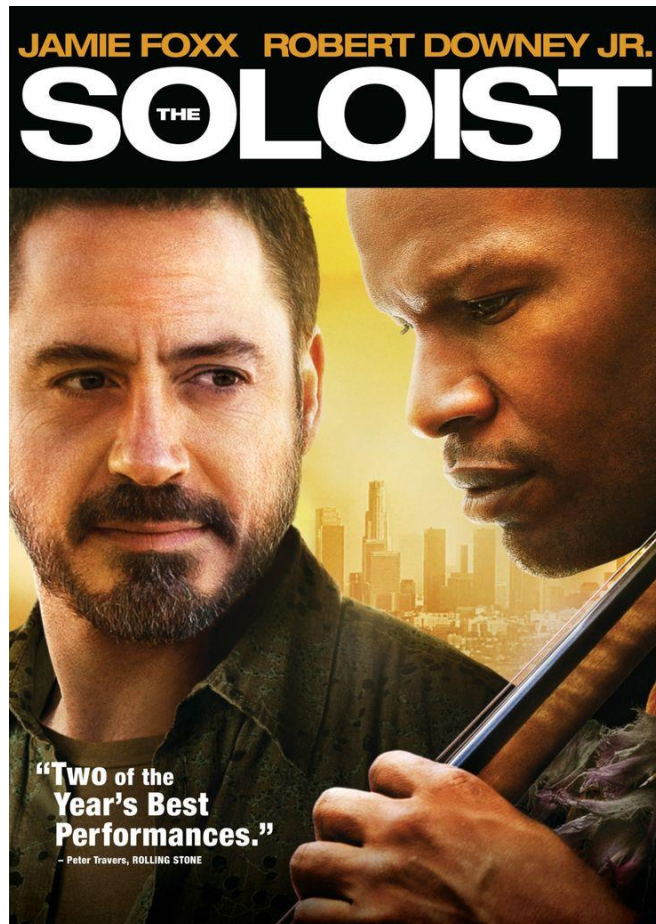
# The men who stare at goats



Starring:	Ewan McGregor, George Clooney
What's it about?	A journalist researches a military department designed to use mind control in their army
What topics is it useful for?	Behaviours (year 13)
Age rating:	15
Realism rating:	*****
Rating:	****



# The soloist

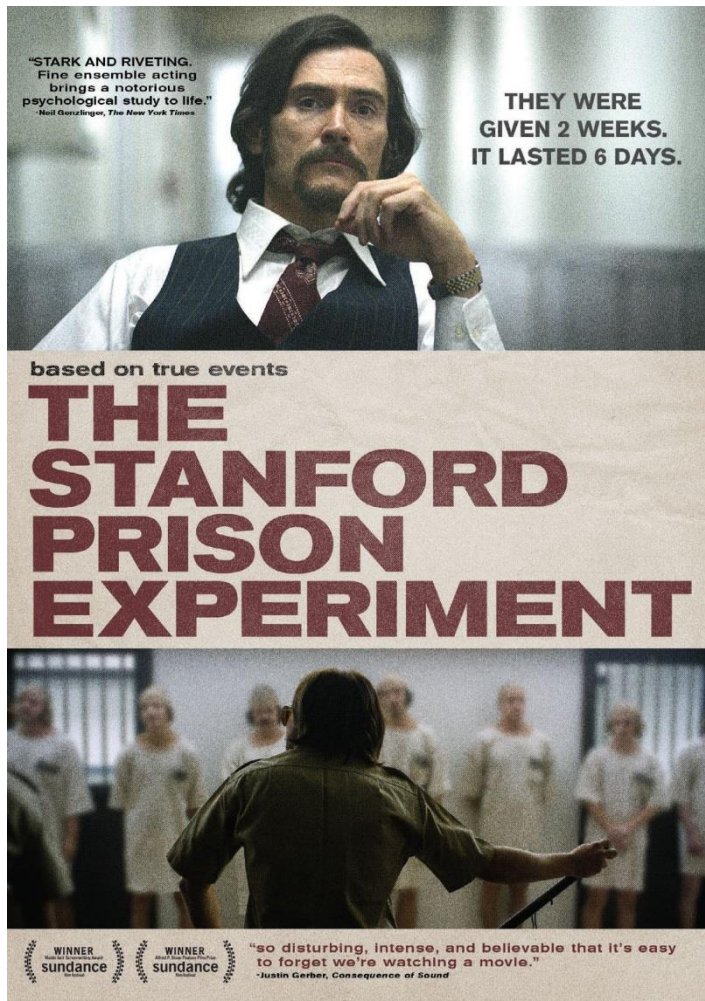


Starring:	Robert Downey Jr., Jamie Foxx
What's it about?	True story of a talented musician who struggles with schizophrenia
What topics is it useful for?	Schizophrenia
Age rating:	15
Realism rating:	****
Rating:	****





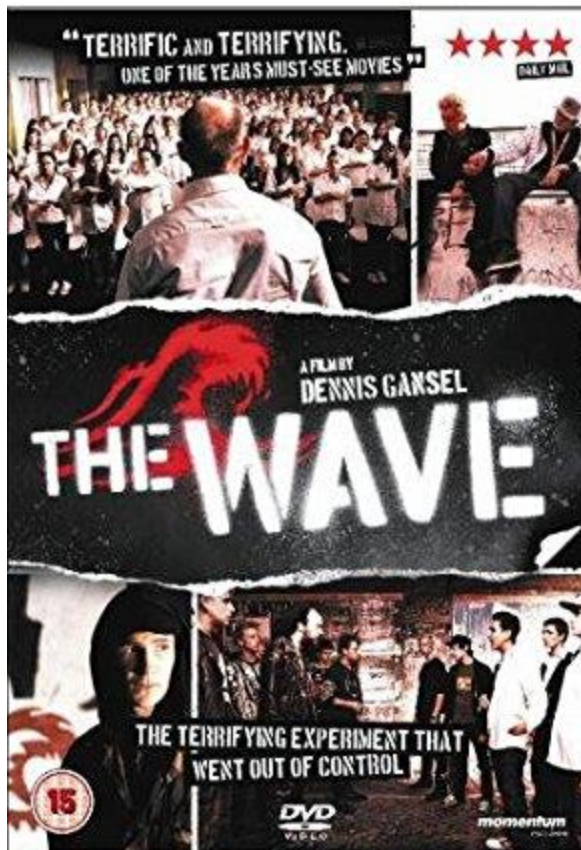
# The Stanford prison experiment



Starring:	Billy Crudup
What's it about?	The original SPE
What topics is it useful for?	Research Methods
Age rating:	15
Realism rating:	****
Rating:	****



# The Wave (Die Walle)



<b>Starring:</b>	Jurgen Vogel
What's it about?	Based on a true story. A teacher sets up a demonstration with his class to show them how Hitler rose to power
What topics is it useful for?	Social Influence
Age rating:	15
Realism rating:	***
Rating:	****



# Psychology reading list



# Bad Pharma

## Bad Pharma™

**Ben Goldacre**

Bestselling author of *Bad Science*

How drug companies  
mislead doctors and  
harm patients

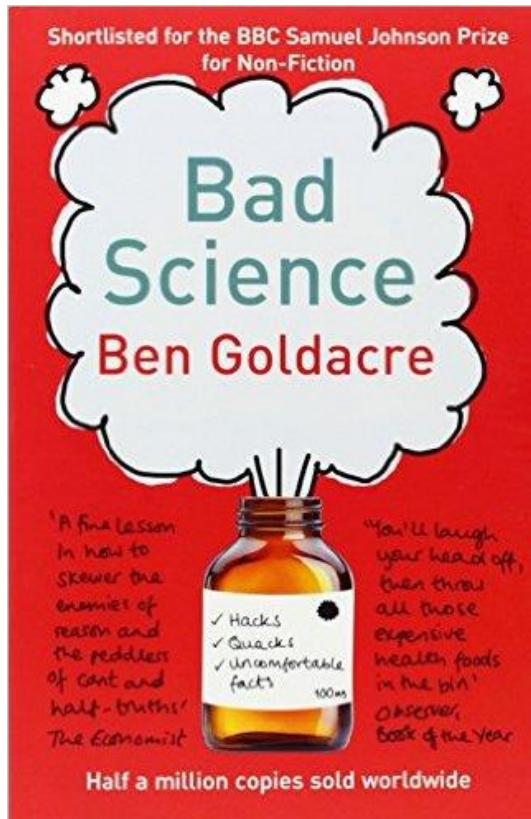
364 pages



<b>Author:</b>	<b>Ben Goldacre</b>
What's it about?	How pharmaceutical companies employ sneaky techniques to make their drugs look better than they are
What topics is it useful for?	Research Methods, Schizophrenia
Difficulty level:	*****
Rating:	*****



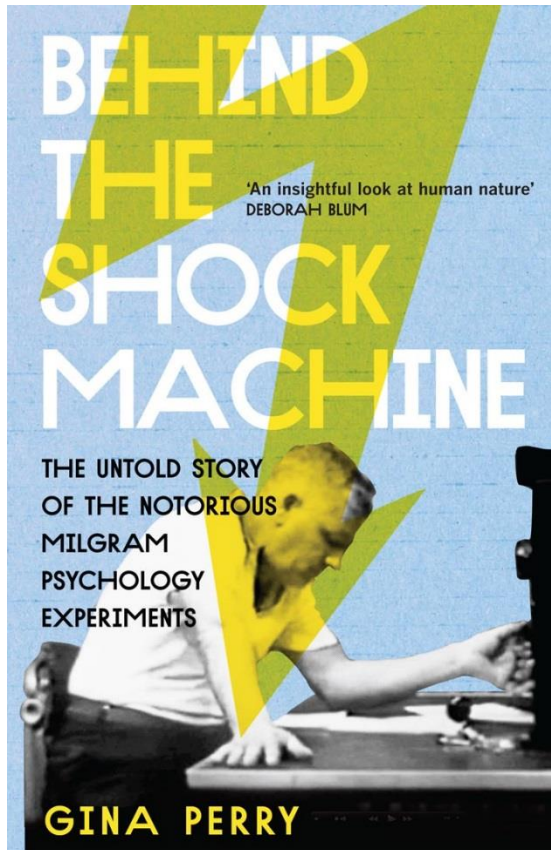
# Bad Science



Author:	Ben Goldacre
What's it about?	How to do research properly
What topics is it useful for?	Research Methods, Schizophrenia
Difficulty level:	*****
Rating:	*****



# Behind the shock machine



Author:	Gina Perry
What's it about?	The real story behind the Milgram obedience research
What topics is it useful for?	Research Methods, Issues and debates
Difficulty level:	**
Rating:	*****



# Blink

blink

*By the author of THE TIPPING POINT*



The Power of Thinking

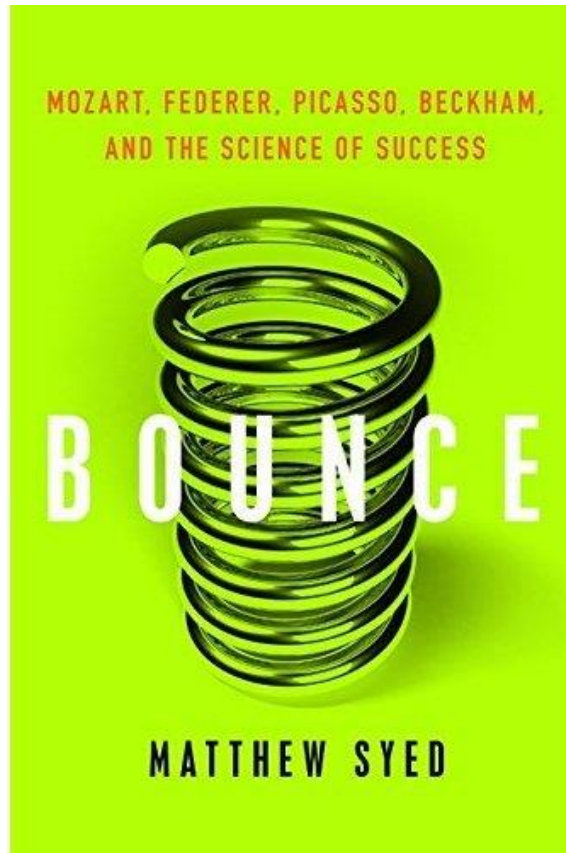
Without Thinking

Malcolm Gladwell

Author:	Malcolm Gladwell
What's it about?	The psychology of success
What topics is it useful for?	Research Methods
Difficulty level:	***
Rating:	***



# Bounce

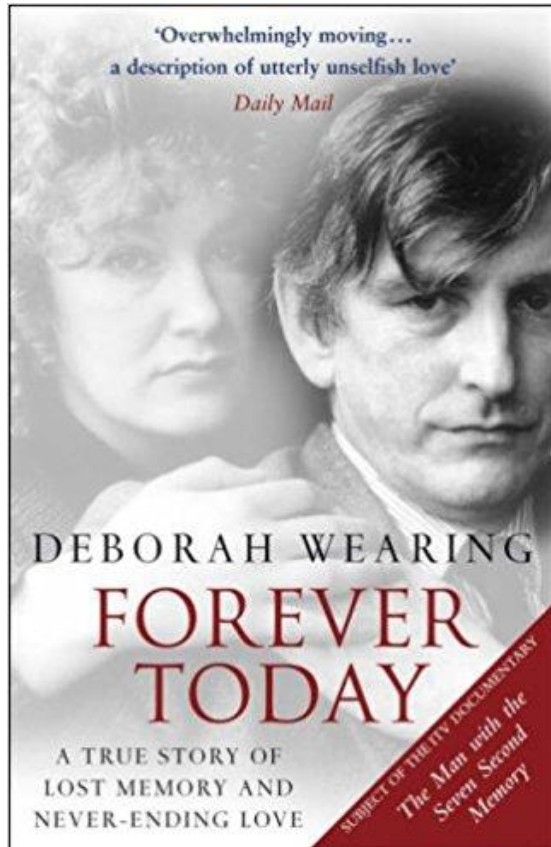


Author:	Matthew Syed
What's it about?	The psychology of success in sport
What topics is it useful for?	Research Methods
Difficulty level:	***
Rating:	***





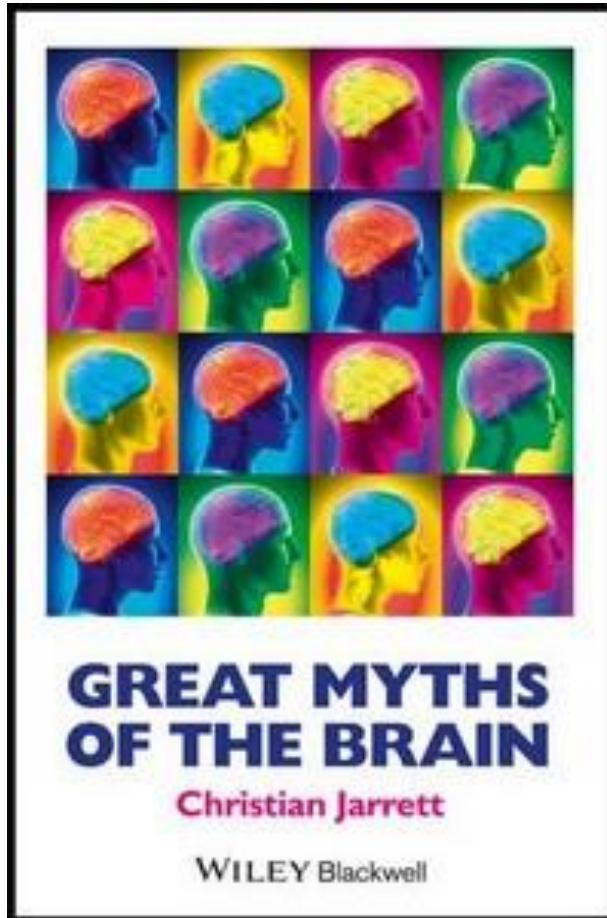
# Forever Today



Author:	Deborah Wearing
What's it about?	True story of a famous amnesiac patient
What topics is it useful for?	Biological and cognitive approach
Difficulty level:	**
Rating:	****



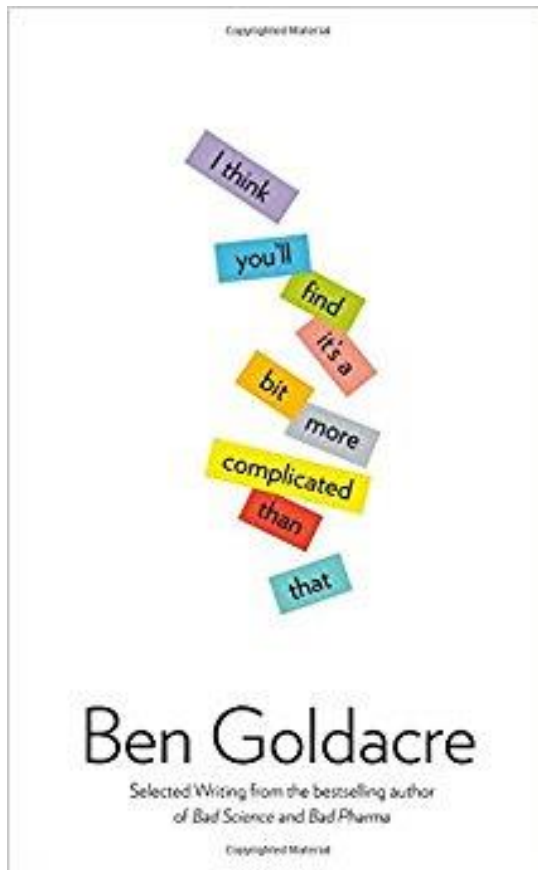
# Great myths of the brain



Author:	Christian Jarrett
What's it about?	The myths surrounding the world's most complex computer
What topics is it useful for?	Cognitive approach, Research Methods
Difficulty level:	***
Rating:	***



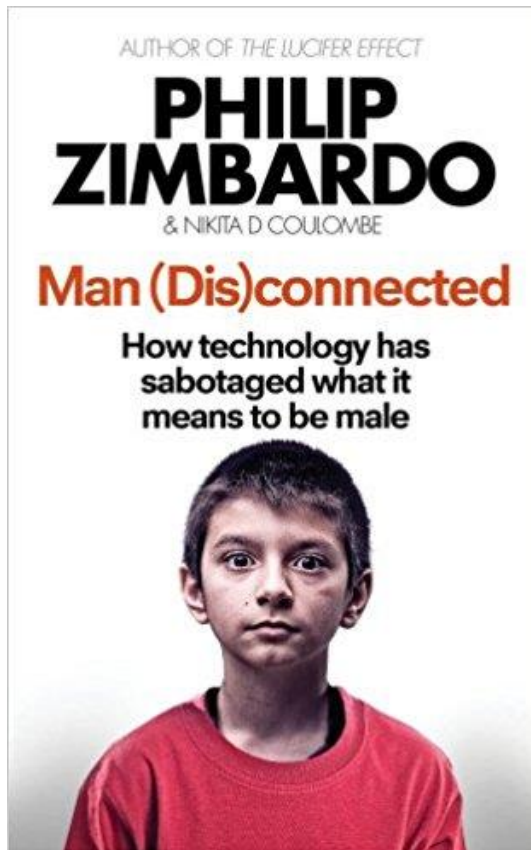
# I think you'll find it's a bit more complicated than that



Author:	Ben Goldacre
What's it about?	A collection of articles about how research should be done correctly
What topics is it useful for?	Research Methods, Schizophrenia
Difficulty level:	****
Rating:	****



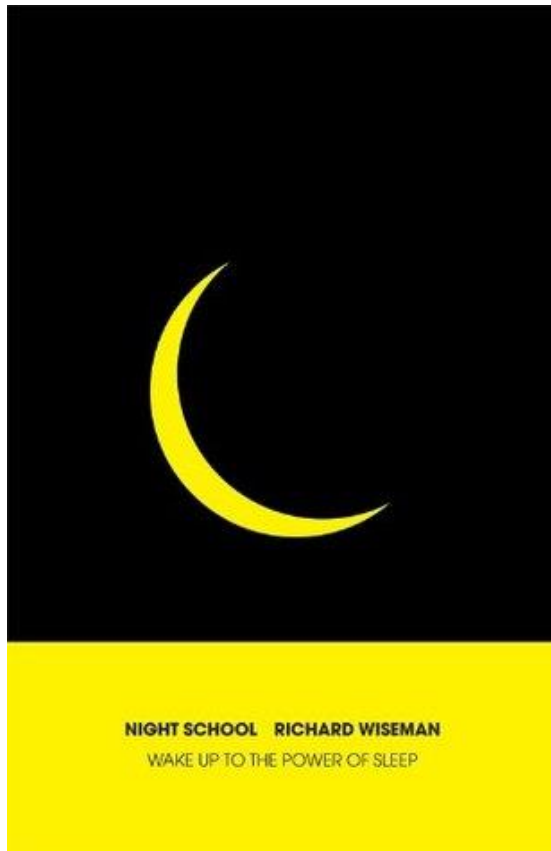
# Man (Dis)connected



Author:	Philip Zimbardo
What's it about?	Why men are failing in modern society
What topics is it useful for?	Research Methods
Difficulty level:	***
Rating:	**



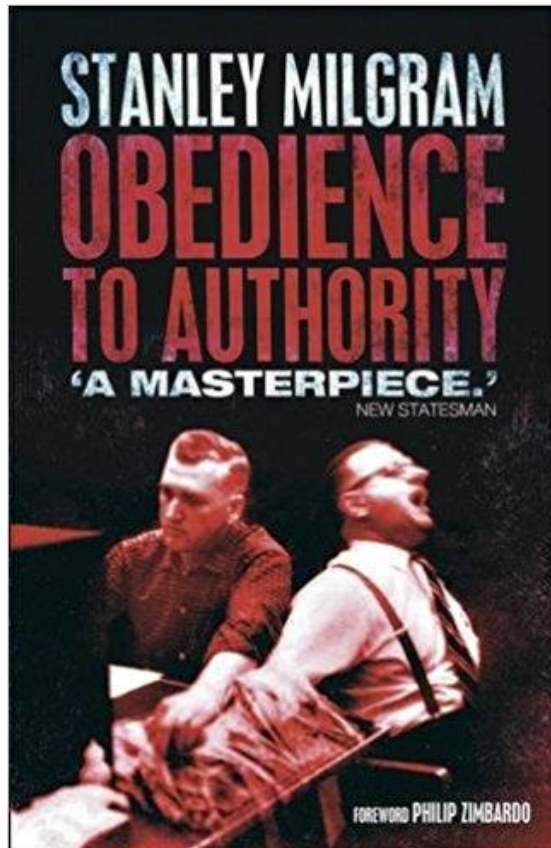
# Night School



Author:	Richard Wiseman
What's it about?	Sleep
What topics is it useful for?	The biological approach
Difficulty level:	***
Rating:	*****



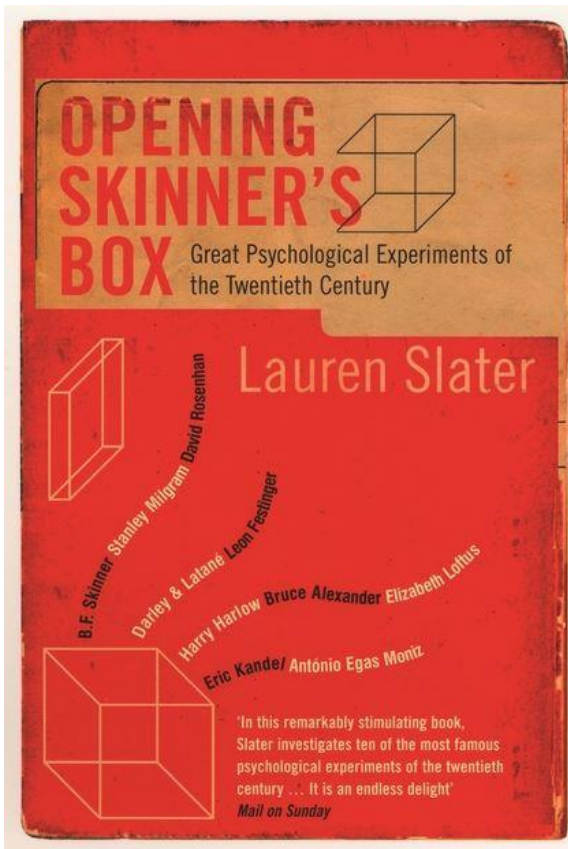
# Obedience to authority



Author:	Stanley Milgram
What's it about?	Milgram's famous shock experiments
What topics is it useful for?	Research Methods, Issues and debates
Difficulty level:	*****
Rating:	**



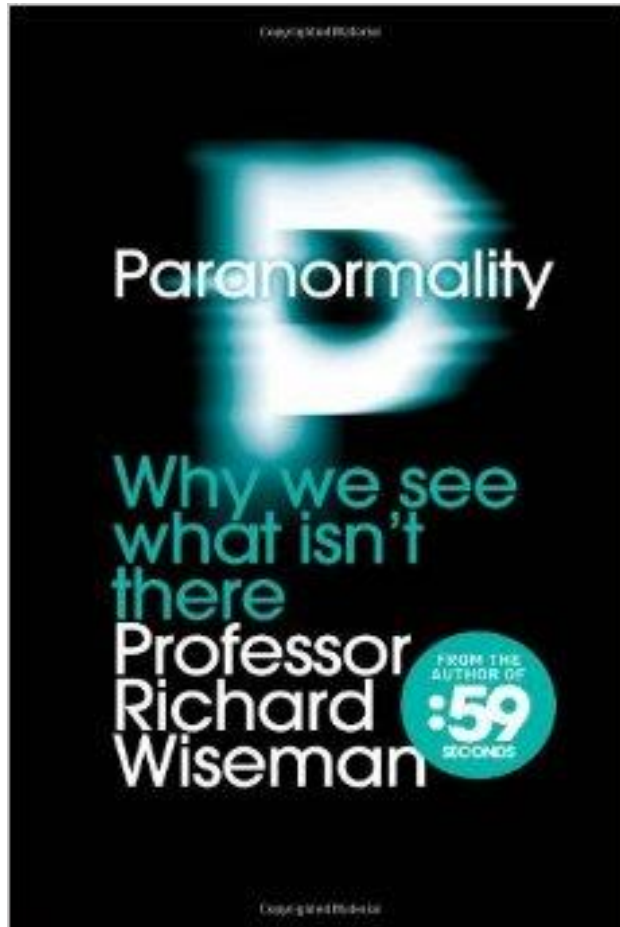
# Opening Skinner's box



Author:	Lauren Slater
What's it about?	A collection of short summaries of famous psychology studies
What topics is it useful for?	The behaviourist approach, the biological approach, Research Methods
Difficulty level:	***
Rating:	*****



# Paranormality

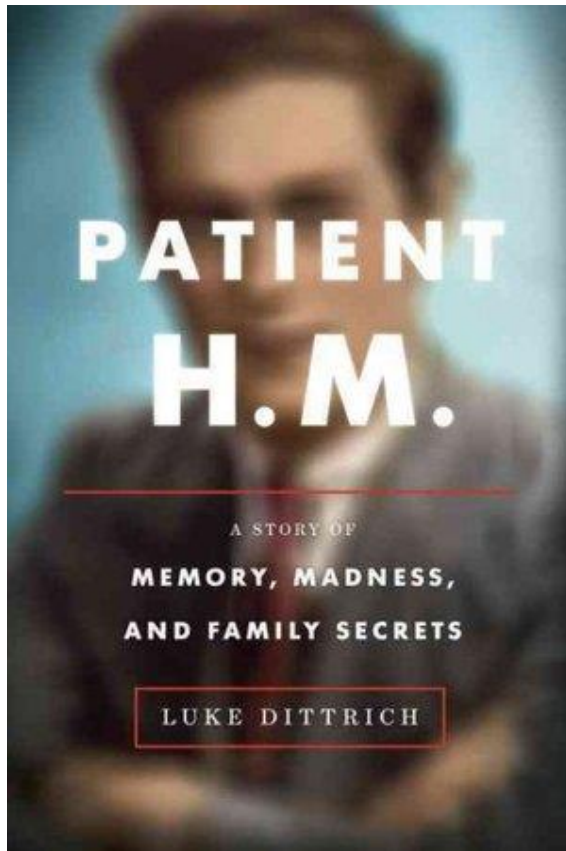


Author:	Richard Wiseman
What's it about?	The psychology behind ghosts, ghouls and the paranormal
What topics is it useful for?	Research Methods
Difficulty level:	**
Rating:	***





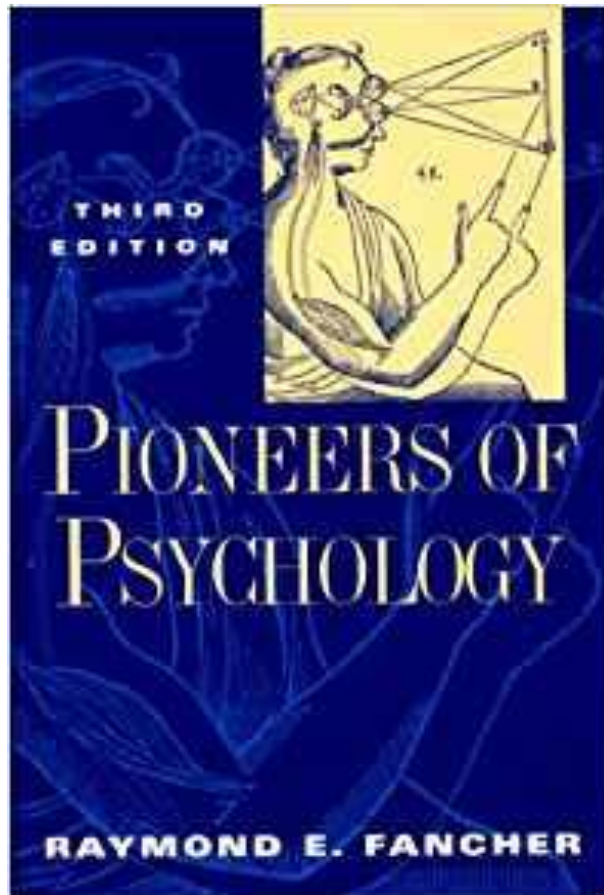
# Patient H.M.



Author:	Luke Dittrich
What's it about?	The most famous case study in psychology, H.M.
What topics is it useful for?	The biological approach, Issues and debates
Difficulty level:	***
Rating:	*****



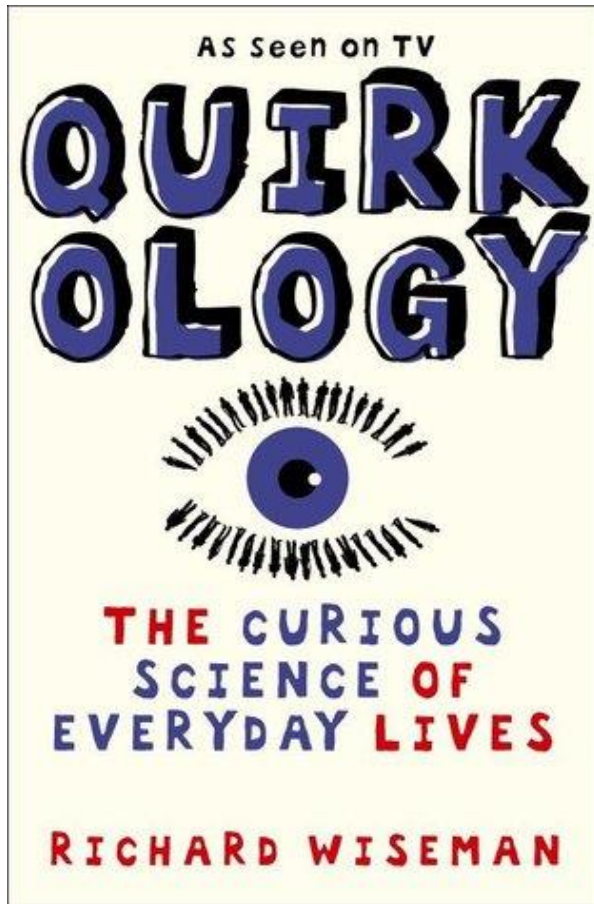
# Pioneers of Psychology



Author:	Raymond Fancher
What's it about?	The history of psychology
What topics is it useful for?	Approaches in psychology, Issues and Debates
Difficulty level:	*****
Rating:	****



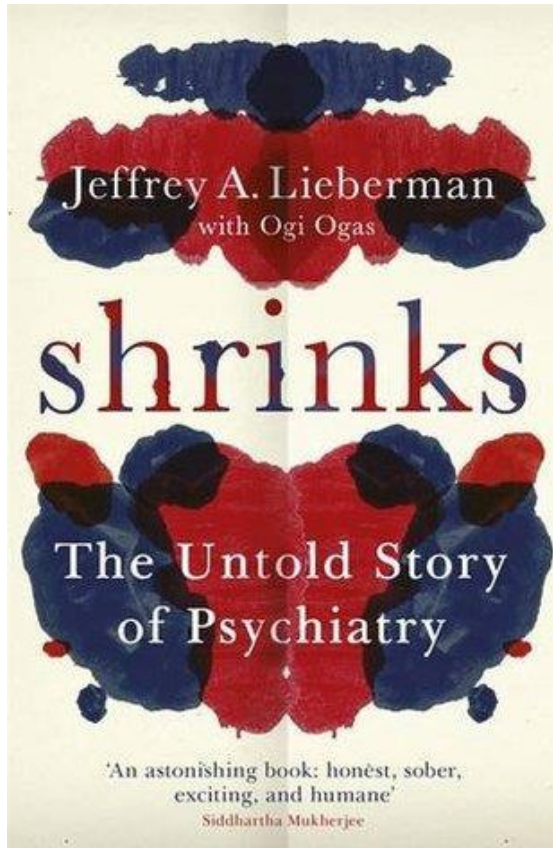
# Quirkology



Author:	Richard Wiseman
What's it about?	A collection of weird and wonderful psychology studies
What topics is it useful for?	Memory, approaches, Research Methods
Difficulty level:	**
Rating:	****



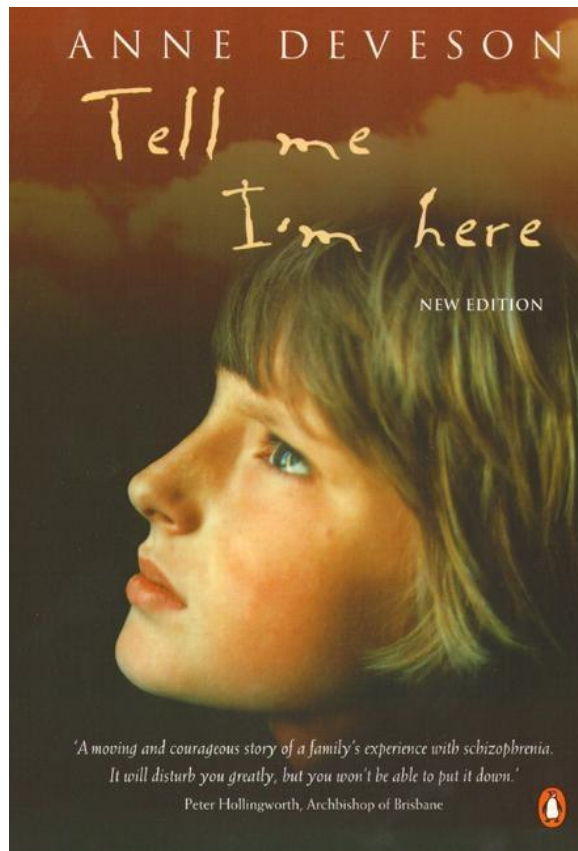
# Shrinks



Author:	Jeffrey A. Lieberman
What's it about?	The history of mental health treatment
What topics is it useful for?	Schizophrenia, Approaches
Difficulty level:	****
Rating:	****



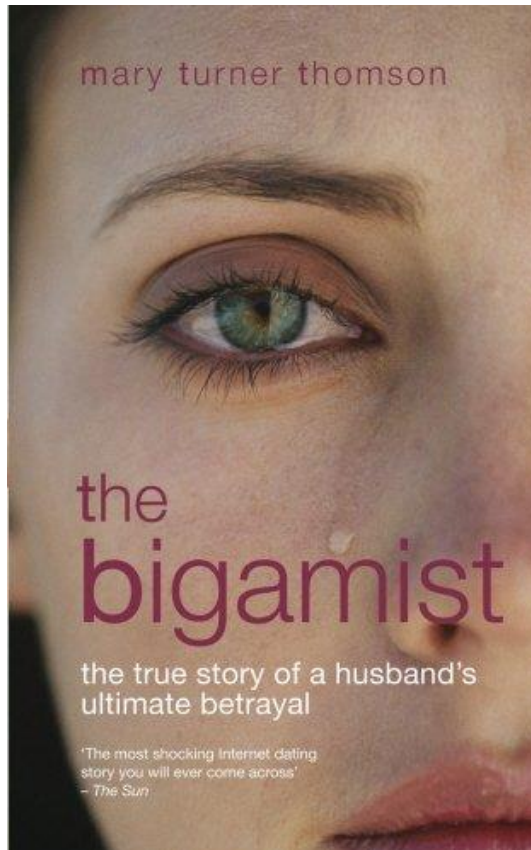
# Tell me I'm here



Author:	Anne Deveson
What's it about?	True story of a mother whose son has schizophrenia
What topics is it useful for?	Schizophrenia
Difficulty level:	**
Rating:	****



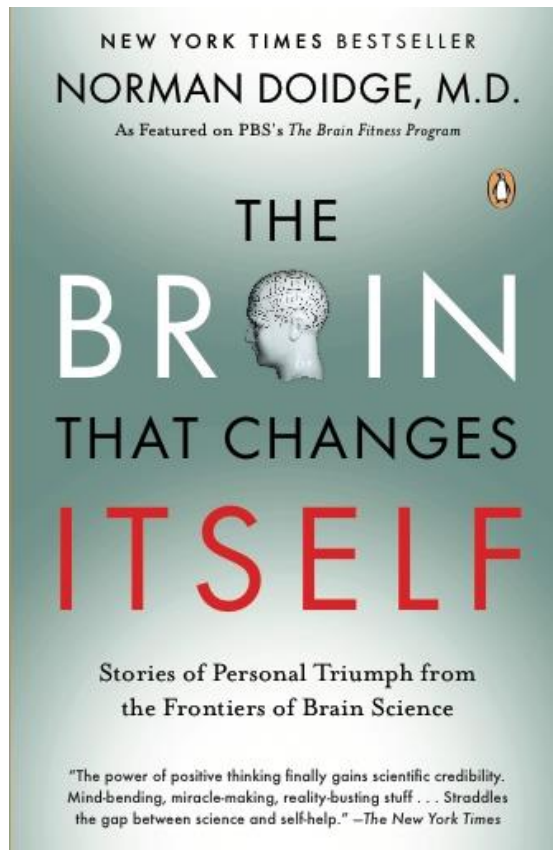
# The bigamist



Author:	Mary Turner Thompson
What's it about?	A true story of a woman's life with a psychopath
What topics is it useful for?	Approaches in psychology
Difficulty level:	*
Rating:	****



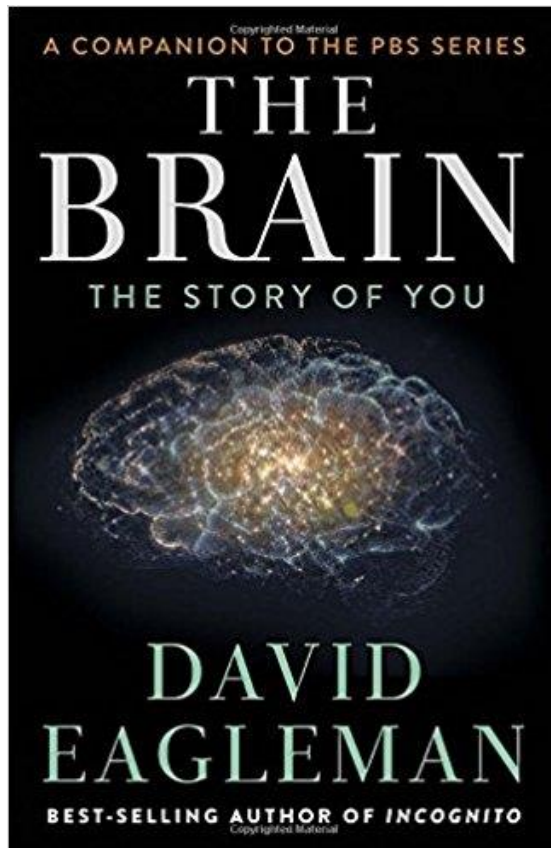
# The brain that changes itself



Author:	Norman Doidge
What's it about?	How our brains are plastic and can physically change throughout or lives
What topics is it useful for?	Research Methods, Biological approach
Difficulty level:	****
Rating:	*****



# The brain: the story of you

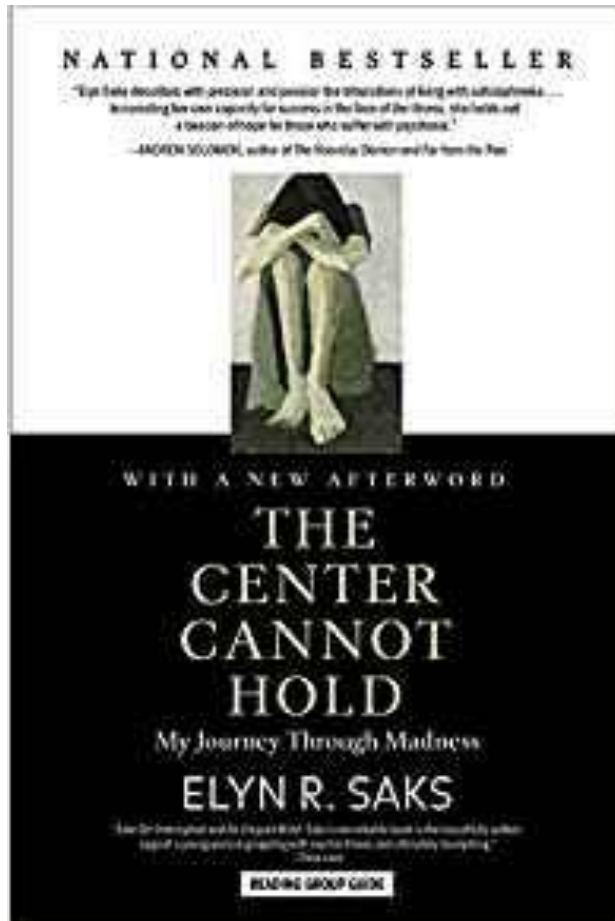


Author:	David Eagleman
What's it about?	How the brain influences our behaviour
What topics is it useful for?	The biological approach, Schizophrenia
Difficulty level:	****
Rating:	*****





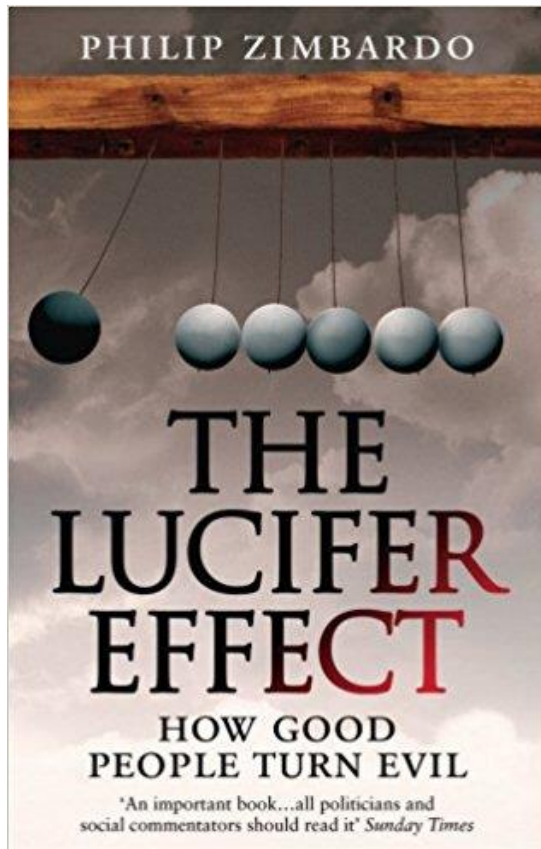
# The centre cannot hold



Author:	Elyn R. Saks
What's it about?	An autobiography of someone who has survived schizophrenia
What topics is it useful for?	Schizophrenia, Research Methods
Difficulty level:	**
Rating:	***



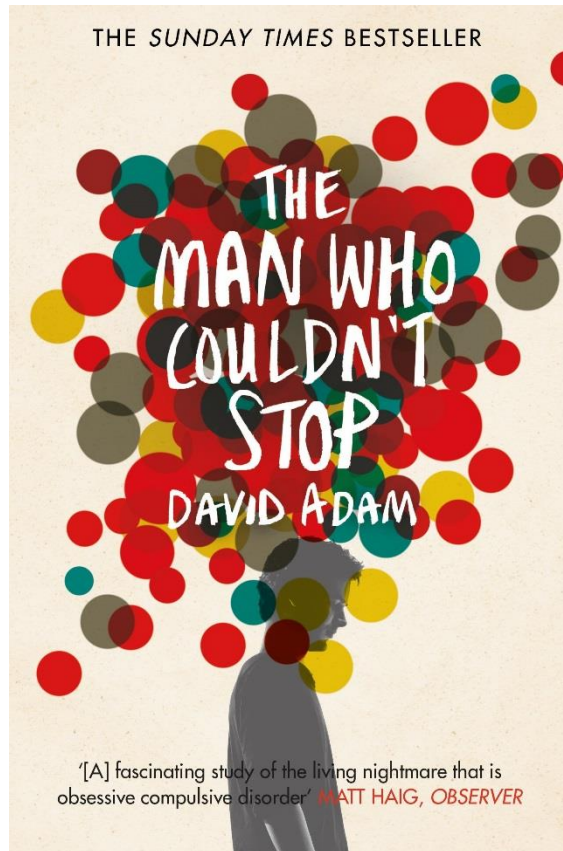
# The Lucifer Effect



Author:	Philip Zimbardo
What's it about?	The Stanford Prison study
What topics is it useful for?	Research Methods
Difficulty level:	****
Rating:	***



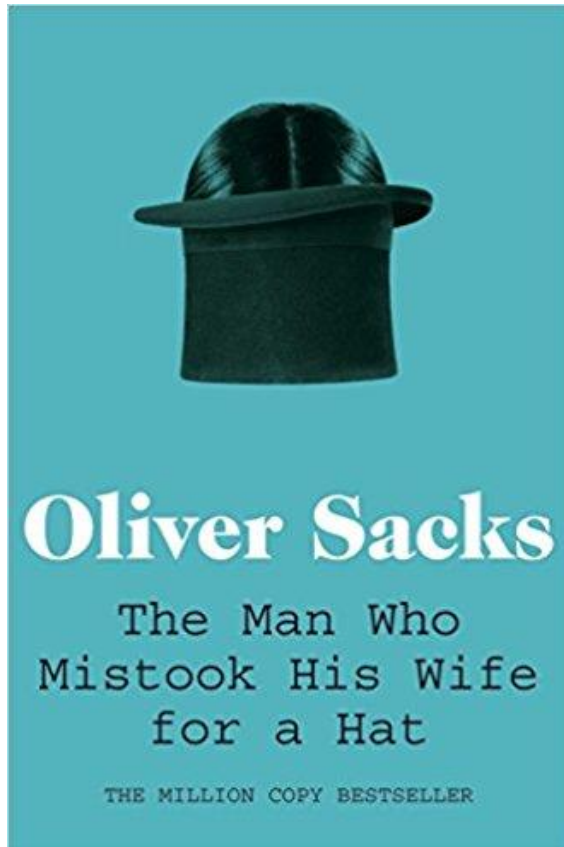
# The man who couldn't stop



Author:	David Adam
What's it about?	The history of OCD told from the perspective of someone with the disorder
What topics is it useful for?	Approaches in psychology
Difficulty level:	***
Rating:	*****



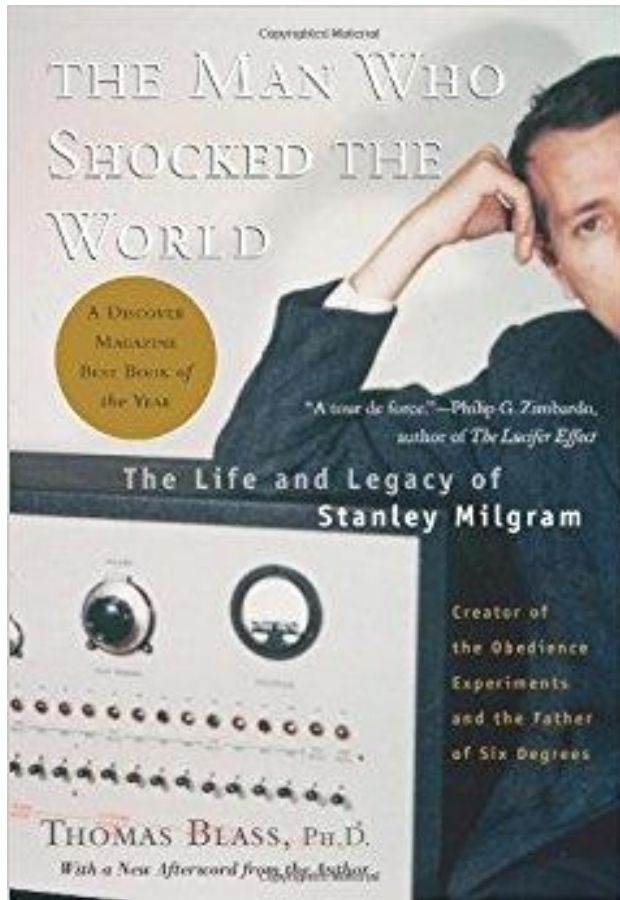
# The man who mistook his wife for a hat



Author:	Oliver Sacks
What's it about?	Interesting case studies of brain-damaged patients
What topics is it useful for?	Approaches, Issues and debates
Difficulty level:	*****
Rating:	***



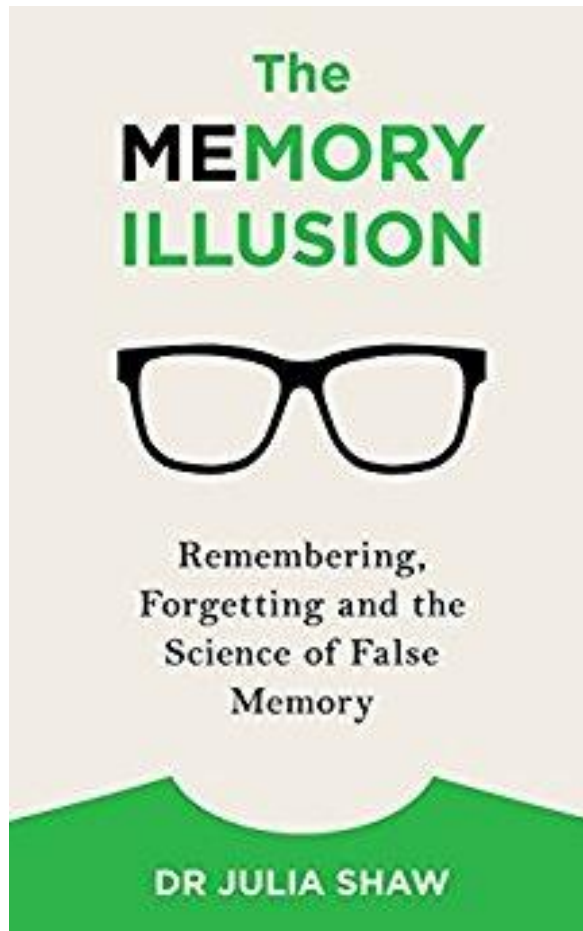
# The man who shocked the world



Author:	Thomas Blass
What's it about?	A biography of Stanley Milgram
What topics is it useful for?	Approaches in psychology
Difficulty level:	***
Rating:	****



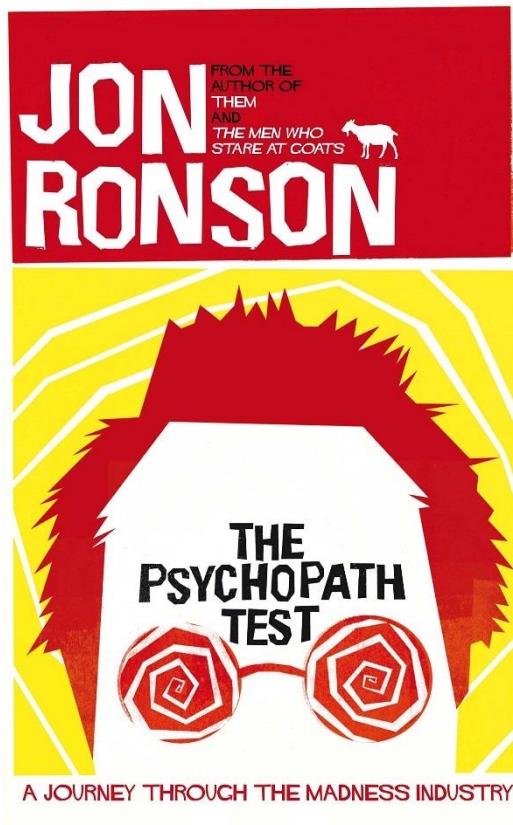
# The memory illusion



Author:	Julia Shaw
What's it about?	Problems with memory, particularly eyewitness testimony
What topics is it useful for?	Research Methods, debates
Difficulty level:	***
Rating:	*****



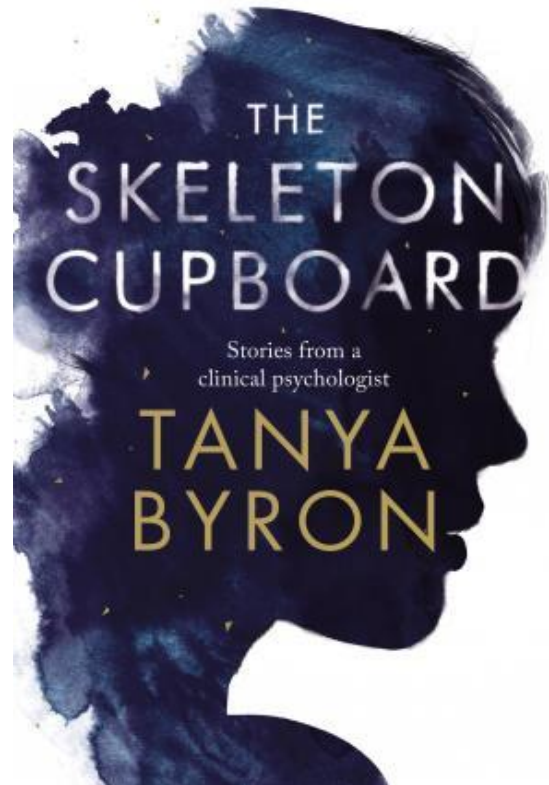
# The Psychopath Test



Author:	Jon Ronson
What's it about?	A journalist's investigation into what makes someone a psychopath
What topics is it useful for?	Research Methods, Issues and debates
Difficulty level:	***
Rating:	*****



# The skeleton cupboard

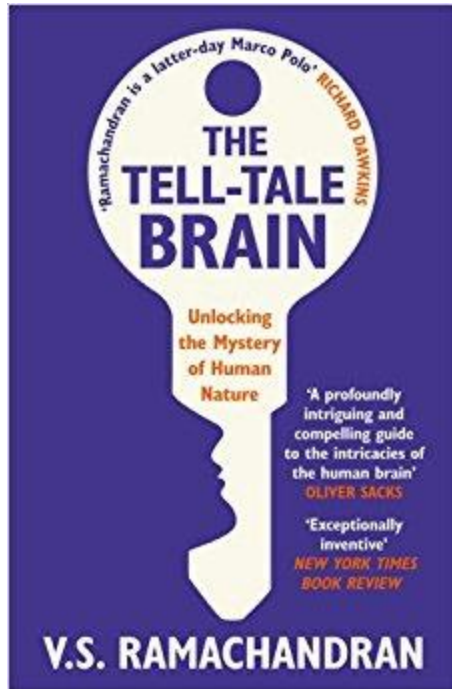


Author:	Tanya Byron
What's it about?	A collection of stories from the early career of a clinical psychologist
What topics is it useful for?	Schizophrenia
Difficulty level:	**
Rating:	****





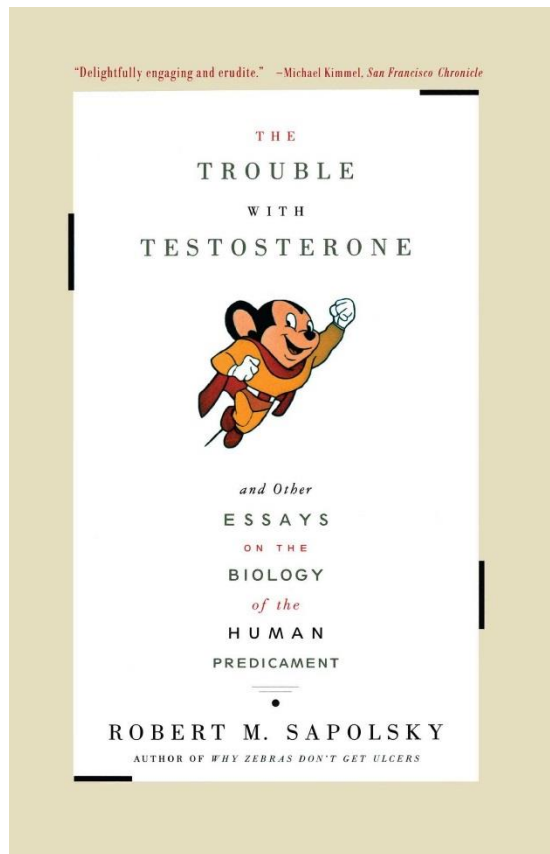
# The tell-tale brain



Author:	V.S. Ramachandran
What's it about?	The way the brain perceives the world
What topics is it useful for?	The biological approach, Research Methods
Difficulty level:	*****
Rating:	***



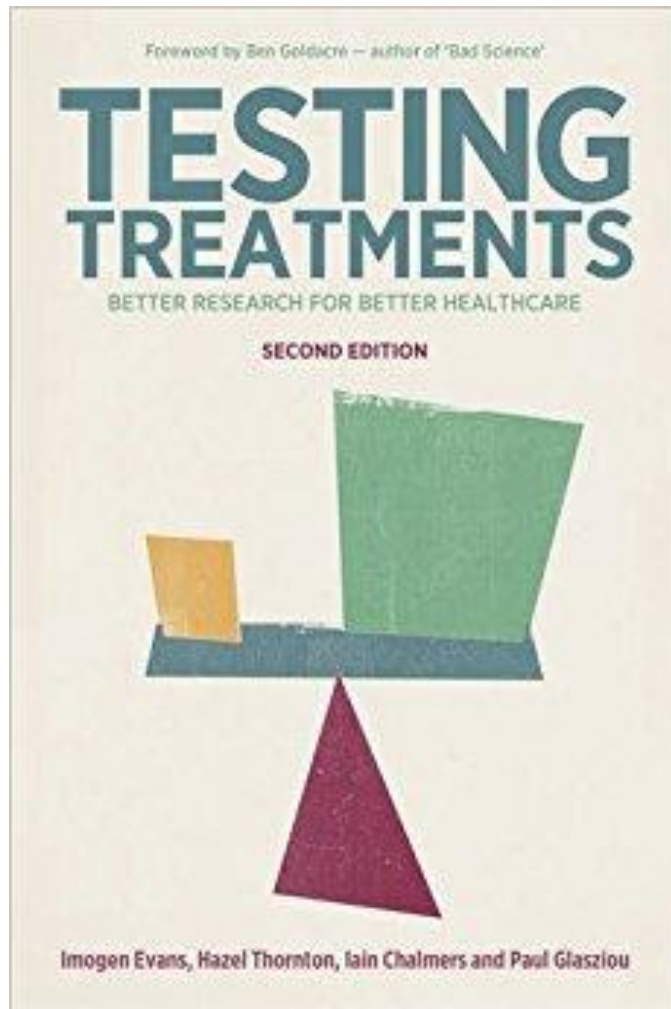
# The trouble with testosterone



Author:	Robert Sapolski
What's it about?	The effect of testosterone on human behaviour, namely aggression
What topics is it useful for?	Approaches in psychology
Difficulty level:	****
Rating:	***



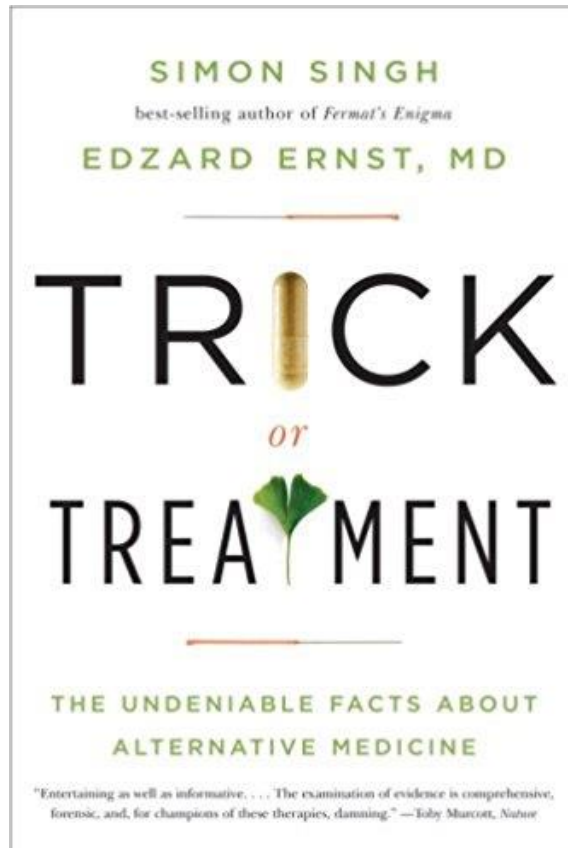
# Testing Treatments



Author:	Imogen Evans
What's it about?	How to do research properly
What topics is it useful for?	Research Methods, Schizophrenia
Difficulty level:	*****
Rating:	****



# Trick or treatment?



Author:	Simon Singh and Edzard Ernst
What's it about?	Bogus science and how to detect it
What topics is it useful for?	Research Methods, Schizophrenia
Difficulty level:	****
Rating:	****

