

## **The Index for Children and Young People with Disabilities or Additional Needs**

The Index is for families who have children age 0-18 years, who have a disability or additional need and live in the Vale of Glamorgan.

It's a way of us keeping families informed about what's available locally and nationally.

You'll receive a newsletter every three months, packed full with information about events, activities, playschemes and services, as well as regular ebulletins. You can also contact us directly with any questions you have.

Sign up is free and completely voluntary and you don't need to have a diagnosed disability.

There is more information on our web pages, as well as a quick video and an online registration form: [www.valeofglamorgan.gov.uk/theindex](http://www.valeofglamorgan.gov.uk/theindex)

The Index video:

English <https://www.youtube.com/watch?v=EX5nSx082PU>

Welsh version <https://www.youtube.com/watch?v=ArURUQW2JyM>