



**PERSONAL AND SOCIAL  
EDUCATION POLICY  
2021**

Responsibility:	
Review:	

## PSE Policy

### AIMS

Personal, Social and Education (PSE) enables children to become healthy, independent and responsible members of society. It has cross-curricular dimensions and permeates all aspects of school life. It encourages pupils to play a positive role in contributing to the life of the school and the wider community.

### Overall Aims

- To deliver the contents of the P.S.E. Framework 2008 and move towards incorporating the new Health and Well-being curriculum.
- To develop pupils' physical, mental and emotional well-being so they can thrive as individuals.
- To include activities which provide a positive influence on attitudes and behaviour.
- To encourage pupils to develop skills and strategies which will be transferred to other areas of the curriculum. These include literacy, numeracy and digital competency, as well as other wider skills such as critical thinking, problem solving and creativity.
- To assist pupils to live healthy and fulfilled lives.

### Content of PSE

The five themes which form the basis of the provision are:

- Active citizenship
- Health and emotional well-being
- Moral and spiritual development
- Preparing for lifelong learning
- Sustainable development

These themes are not addressed in the school as discrete areas of development but are inextricably linked. The school places emphasis upon developing a range of skills and builds on those which learners have started to acquire during the Foundation Phase and KS2. The PSE will also relate to those skills identified in the DCELLS Skills Framework. These skills include developing thinking, communication; ICT and number. Learners are given opportunities to promote their knowledge and understanding of Wales, their personal and social development and well-being, and their awareness of the world of work.

At Whitmore we have a whole school values and ethos system that is based around 4 core learning habits, these are also embedded in the PSE framework:

Resilience  
Respect  
Responsibility  
Hard Work

## DELIVERY OF PSE

In Whitmore High School, we have a holistic approach to delivering PSE/Health and well-being through all subjects as demonstrated by the recent audit across all subjects. This encourages pupils to understand how PSE permeates through all aspects of life. The register and read booklets, which were developed by our literacy coordinator and are used once a week across all years in our form classes, cover an array of PSE topics. Furthermore we also invite specialist organisations on PSE days to enhance our PSE delivery across issues that fall outside of subject specific teaching.

- We use a range of external providers to supply specialist knowledge such as the police, Samaritans, NHS, careers advisors, Speakers for Schools.
- Some aspects of the curriculum are delivered through other areas:
  - form time
  - Assemblies
  - Collapsed timetable days for individual years
  - Celebration of specific events in the calendar e.g. Wear Red for Velindre Day, Climate change day
  - A wide array of after school clubs eg, BBC reporters club, arts club, drama, endurance, football, rugby, cookery, weight lifting, basketball, netball
  - School council
  - Duke of Edinburgh Award Scheme

## SUPPORT FOR NUMERACY, LITERACY AND DIGITAL COMPETENCY

This will be planned into the programmes through a range of activities – eg, literacy booklets in registration with group discussions. Within these booklets we also tackle a range of statistical detail displayed in a variety of graphs.

### Staff Development /INSET:

- The PSE co-ordinator will undertake professional development as appropriate to improve pupil learning outcomes in PSE
- The PSE co-ordinator will map and evidence the curriculum on an annual basis
- All Staff are encouraged to deliver PSE through everyday teaching, in particular during form-time activities such as Register and Read
- All staff already deliver a range of topics through their own curriculum and are encouraged to link these to wider PSE topics.

## ESDGC

Through focusing on issues that matter to young people and through practical activities inside the school grounds and buildings, as well as in the local community and further afield, ESDGC can stimulate innovation in both teaching and in the curriculum. This means implementing ESDGC approaches and content across the curriculum, in all subject areas and with all age and ability groups. It will also involve an awareness of relevant recent initiatives and national events that could be implemented whenever possible, e.g. healthy eating, fair trade, Keep Wales Tidy.

## CAREERS EDUCATION

The school is committed to meeting the requirements of the Careers and the World of Work Framework and engages pro-actively with the schools' Careers Wales Advisor to provide timely, appropriate and individualised careers advice. The school audits and evaluates it's careers provision against the statutory framework on an annual basis.

Careers provision includes:

- Careers Wales Advisor talks for years 9, 10 and 11
- Interview training
- University guest speakers
- Apprenticeship links
- STEM careers days and talks
- mock interviews
- CV building
- Enterprise and Employability through the Welsh Baccalaureate/Skills challenge
- Support with the UCAS process
- One to one options meetings for pupils in year 9 and year 11
- One to one careers meetings for years 11-13

## MONITORING AND EVALUATION

The PSE programme will be monitored and evaluated on a termly basis by the PSE Co-ordinator, Line Manager and Senior Management team. These evaluations will involve consideration of parents/pupils' responses, staff and other sources. This continual review will ensure that the content is up to date and evolving.

Role of the PSE

- To maintain up to date knowledge on statutory guidelines for PSE and the Health and Wellbeing strand of the new curriculum
- To attend PSE PLCs and appropriate training courses.
- To develop programmes of study and enrichment days across the school
- Provide professional support to all teachers of the PSE curriculum • To organise the Police Liaison programme of study
- Inform parents of any planned sexual health-based lessons/activities
- Use pupil voice exercises such as the SHRN survey to inform planning.
- To liaise with the Assistant Headteacher for wellbeing in order to address any wellbeing concerns that need to be addressed in the curriculum

This policy is linked to:

- Substance Misuse Policy
- Safe-guarding and Child Protection Policy

These policies should be read in conjunction with this PSE/Health and Well-being Policy.