	9Y Curriculum 2022-23											
	Half Term 1: September 5th 2022 - October 28th 2022 (8 weeks)											
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Tues3
Date	07-Sep	13-Sep	14-Sep	21-Sep	27-Sep	28-Sep	05-Oct	11-Oct	12-Oct	19-Oct	25-Oct	26-Oct
Lesson		1	2	3	4	5	6	7	8	9	10	11
GCSE Link				Half	-Term GCSE I	ink: Warm-L	Jp, Cool Dow	n and Heart	Rate			
9Y/PE3 Girls			4	G	Spor	tshall	MU	JGA		ML	IGA	
SAJ	o PE	o PE	Games for Understanding	Games for Understanding	Indoor Athletics	Indoor Athletics	Games for Understanding	Games for Understanding	Netball	Netball	Netball	Netball
9Y/PE1		n t	Sport	tshall	MU	JGA	4	G		Sport	tshall	
Mixed MH	ductio	Introduction to PE	Indoor Athletics	Indoor Athletics	Games for Understanding	Games for Understanding	Games for Understanding	Games for Understanding	Basketball	Basketball	Basketball	Basketball
OV/DE2 Bours		t c	MUGA		4G		Sportshall		4		4 G	
9Y/PE2 Boys DM		<u> </u>	Games for Understanding	Games for Understanding	Games for Understanding	Games for Understanding	Indoor Athletics	Indoor Athletics	Rugby	Rugby	Rugby	Rugby
		Half Term 2: November 7th 2022 - December 23rd 2022 (7 weeks)										
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1		
Date	09-Nov	15-Nov	16-Nov	23-Nov	29-Nov	30-Nov	07-Dec	13-Dec	14-Dec	21-Dec		
Lesson	12	13	14	15	16	17	18	19	20	21		
GCSE Link				Ha	alf-Term GCS		es					
9Y/PE3 Girls	MU	JGA			Activities Hall/ Hall				4	4G		
SAJ	Netball	Netball	Movement	Movement	Movement	Movement	Movement	Movement	Football	Football		
9Y/PE1	Sport	tshall			4	G				s Suite		
Mixed MH	Basketball	Basketball	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Health and	Health and		
			110607	gy	· .	· .		110527	Fitness	Fitness		
9Y/PE2 Boys	4	G			Spor	tshall			Sport	tshall		
DM	Rugby	Rugby	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Basketball	Basketball		

	Half Term 3: January 9th 2023 - February 17th 2023 (6 Weeks)										
Week	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1		
Date	10-Jan	11-Jan	18-Jan	24-Jan	25-Jan	01-Feb	07-Feb	08-Feb	15-Feb		
Lesson	22	23	24	25	26	27	28	29	30		
GCSE Link		H	alf-Term GCS	E Link: Short	Term and Lo	ong Term Effe	ects of Exerci	se			
OV (DE2 C:- -		4	G		Fitness Suite						
9Y/PE3 Girls SAJ	Football	Football	Football	Football	Health and	Health and	Health and	Health and	Health and		
SAJ	rootball	FUULDAII	FUULDAII	FUULDAII	Fitness	Fitness	Fitness	Fitness	Fitness		
01/254		Fitnes	s Suite		Sportshall						
9Y/PE1	Health and	Health and	Health and	Health and							
Mixed MH	Fitness	Fitness	Fitness	Fitness	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics		
01/252 P		Spor	tshall		4G						
9Y/PE2 Boys DM	Basketball	Basketball	Basketball	Basketball	Football	Football	Football	Football	Football		

Half	Term 4: F									
2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3			
28-Feb	01-Mar	08-Mar	14-Mar	15-Mar	22-Mar	28-Mar	29-Mar			
32	33	34	35	36	37	38	39			
		Half-Term	GCSE Link: (Components	of Fitness					
Fitness	Sportshall									
Health and Fitness	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics			
Sportshall				4G						
Gymnastics	Football	Football	Football	Football	Football	Football	Football			
4G				Fitness Suite						
	Health and	Health and	Health and	Health and	Health and	Health and	Health and			
	2Tues3 28-Feb 32 Fitness Health and Fitness Sportshall Gymnastics	2Tues3 2Weds3 28-Feb 01-Mar 32 33 Fitness Health and Fitness Sportshall Gymnastics Football	2Tues3 2Weds3 1Weds1 28-Feb 01-Mar 08-Mar 32 33 34 Half-Term Fitness Health and Fitness Sportshall Gymnastics Football Football	2Tues3 2Weds3 1Weds1 2Tues3 28-Feb 01-Mar 08-Mar 14-Mar 32 33 34 35 Half-Term GCSE Link: 0 Fitness Health and Fitness Gymnastics Gymnastics Gymnastics Sportshall Gymnastics Football Football	2Tues3 2Weds3 1Weds1 2Tues3 2Weds3 28-Feb 01-Mar 08-Mar 14-Mar 15-Mar 32 33 34 35 36 Half-Term GCSE Link: Components Sportshall Health and Fitness Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Football Football<	2Tues3 2Weds3 1Weds1 2Tues3 2Weds3 1Weds1 28-Feb 01-Mar 08-Mar 14-Mar 15-Mar 22-Mar 32 33 34 35 36 37 Half-Term GCSE Link: Components of Fitness Sportshall Health and Fitness Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Football Footba	28-Feb 01-Mar 08-Mar 14-Mar 15-Mar 22-Mar 28-Mar 32 33 34 35 36 37 38 Half-Term GCSE Link: Components of Fitness Sportshall Health and Fitness Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Gymnastics Football Football			

9Y Curriculum 2022-23

	Half Term 5: April 17th 2023 - May 26th 2023 (6 weeks)											
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3			
Date	19-Apr	25-Apr	26-Apr	03-May	09-May	10-May	17-May	23-May	24-May			
Lesson	40	41	42	43	44	45	46	47	48			
			Half-Term GCSE Link: Aerobic and Anaerobic Exercise									
9Y/PE3 Girls	S			Athleti	cs Track			MUGA/ Sportshall				
SAJ	Athletics	Athletics Athletics Athletics Athletics		Athletics	Athletics	Athletics	Tennis Tennis					
9Y/PE1	to A	Athletics Track							4G/ Field			
Mixed MH		Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Striking	Striking			
IVIIAEG IVIII	뜢	Atmetics	Atmetics	Atmetics	Atmetics	Atmetics	Atmetics	Games	Games			
9Y/PE2 Boys	рg		4G/	Field								
DM	Introduction	Athletics	Auliliation			Addition	Athlotics	Striking	Striking			
DIVI	=	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	2Tues3 23-May 47 MUGA/ Tennis 4G/ Striking Games 4G/	Games			

	Half Term 6: June 5th 2023 - July 21st 2023 (6 weeks)									
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1
Date	07-Jun	13-Jun	14-Jun	21-Jun	27-Jun	28-Jun	05-Jul	11-Jul	12-Jul	19-Jul
Lesson	49	50	51	52	53	54	55	56	57	58
GCSE Link	Half-Term GCSE Link: Principles of Training									
9Y/PE3 Girls	MUGA/ S	portshall		4G/	Field		4G/ Field			
SAJ	Tennis	Tennis	Striking	Striking	Striking	Striking	Striking	Striking	Striking	Striking
SAJ			Games	Games	Games	Games	Games	Games	Games	Games
9Y/PE1	4G/	Field		MUGA/ S	portshall		4G/ Field			
Mixed MH	Striking	Striking	Tennis	Tennis	Tennis	Tennis	Striking	Striking	Striking	Striking
IVIIXeu IVIH	Games	Games	Tennis	Tennis	Tennis	Tennis	Games	Games	2Weds3 12-Jul 57 Field Striking Games Field Striking Games	Games
9Y/PE2 Boys	4G/ Field			4G/	Field			MUGA/ Sportshall		
DM	Striking	Striking	Striking	Striking	Striking	Striking	Tonnic	Tennis	Tonnic	Tennis
DIVI	Games	Games	Games	Games	Games	Games	Tennis	rennis	rennis	rennis