9Y PE Schedule (9EPR, 9VRC, 9BG)

	Half Term 1: September 5th 2022 - October 28th 2022 (8 weeks)												
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Tues3	
Date	07-Sep	13-Sep	14-Sep	21-Sep	27-Sep	28-Sep	05-Oct	11-Oct	12-Oct	19-Oct	25-Oct	26-Oct	
Lesson		1	2	3	4	5	6	7	8	9	10	11	
GCSE Link	Half-Term GCSE Link: Warm-Up, Cool Down and Heart Rate												
			4	4G		Sportshall		MUGA		MUGA			
Girls SAJ	duction to PE		o PE	Games for Understanding	Games for Understanding	Indoor Athletics	Indoor Athletics	Games for Understanding	Games for Understanding	Netball	Netball	Netball	Netball
		duction t	Sportshall		MUGA		4	4G		Sportshall			
Mixed MH			Indoor Athletics	Indoor Athletics	Games for Understanding	Games for Understanding	Games for Understanding	Games for Understanding	Basketball	Basketball	Basketball	Basketball	
		ıtro	MUGA		4G		Sportshall		4G				
Boys DM		=	Games for Understanding	Games for Understanding	Games for Understanding	Games for Understanding	Indoor Athletics	Indoor Athletics	Rugby	Rugby	Rugby	Rugby	

	Half Term 2: November 7th 2022 - December 23rd 2022 (7 weeks)												
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1			
Date	09-Nov	15-Nov	16-Nov	23-Nov	29-Nov	30-Nov	07-Dec	13-Dec	14-Dec	21-Dec			
Lesson	12	13	14	15	16	17	18	19	20	21			
GCSE Link		Half-Term GCSE Link: Muscles											
	MU	IGA			4G								
Girls SAJ	Netball	Netball	Movement	Movement	Movement	Movement	Movement	Movement	Football	Football			
	Sport	tshall	Fitness Suite							Hall/ Hall			
Mixed MH	Basketball	Basketball	Health and	Health and	Health and	Health and	Health and	Health and	Games for	Games for			
			Basketball	Basketball	Ваѕкетран	Basketball	Dasketball	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
	4G					Sportshall							
Boys DM	Rugby	Rugby	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Basketball	Basketball			

9Y PE Schedule (9EPR, 9VRC, 9BG)

	Half Term 3: January 9th 2023 - February 17th 2023 (6 Weeks)										
Week	2Tues3 2Weds3 1Weds1 2Tues3				2Weds3	1Weds1	2Tues3	2Weds3	1Weds1		
Date	10-Jan	11-Jan	18-Jan	24-Jan	25-Jan	01-Feb	07-Feb	08-Feb	15-Feb		
Lesson	22	23	24	25	26	27	28	29	30		
GCSE Link		Half-Term GCSE Link: Short Term and Long Term Effects of Exercise									
		4	G		Fitness Suite						
Girls SAJ	Football	Faceball		Football	Health and	Health and	Health and	Health and	Health and		
		Football	Football		Fitness	Fitness	Fitness	Fitness	Fitness		
		Activities	Hall/ Hall		Sportshall						
Mixed MH	Games for Understanding	Games for Understanding	Games for Understanding	Games for Understanding	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics		
		Spor	tshall		4G						
Boys DM	Basketball	Basketball	Basketball	Basketball	Football	Football	Football	Football	Football		

	Half Term 4: February 27th 2023 - March 31st 2023 (5 Weeks)											
Week	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3				
Date	28-Feb	01-Mar	08-Mar	14-Mar	15-Mar	22-Mar	28-Mar	29-Mar				
Lesson	32	33	34	35	36	37	38	39				
GCSE Link		Half-Term GCSE Link: Components of Fitness										
	Fitness	Sportshall Sportshall										
Girls SAJ	Health and Fitness	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics				
Mixed MH	Sportshall	4G										
wiixea win	Gymnastics	Football	Football	Football	Football	Football	Football	Football				
	4G				Fitness Suite	!						
Boys DM	Football	Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness				

9Y PE Schedule (9EPR, 9VRC, 9BG)

	Half Term 5: April 17th 2023 - May 26th 2023 (6 weeks)										
Week	1Weds1	2Tues3 2Weds3 1Weds1 2Tues3 2Weds3 1Weds1							2Weds3		
Date	19-Apr	25-Apr	26-Apr	03-May	09-May	10-May	17-May	23-May	24-May		
Lesson	40	41	42	43	44	45	46	47	48		
	Half-Term GCSE Link: Aerobic and Anaerobic Exercise										
	Ş		MUGA/ Sportshall								
Girls SAJ	Introduction to Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Tennis	Tennis		
			4G/ Field								
Mixed MH		Athletica		Autologica	Autologica	Addition	Autologica	Striking	Striking		
		Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Games	Games		
	ηρ		4G/ Field								
Boys DM	Intro	or tropies	Athletics	Auliliation	Athletica	Athletics	Aulalantaa	Striking	Striking		
		<u>E</u> Athletics		Athletics	Athletics	Atmetics	Athletics	Games	Games		

	Half Term 6: June 5th 2023 - July 21st 2023 (6 weeks)											
Week	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1	2Tues3	2Weds3	1Weds1		
Date	07-Jun	13-Jun	14-Jun	21-Jun	27-Jun	28-Jun	05-Jul	11-Jul	12-Jul	19-Jul		
Lesson	49	50	51	52	53	54	55	56	57	58		
GCSE Link		Half-Term GCSE Link: Principles of Training										
	MUGA/ Sportshall		4G/ Field				4G/ Field					
Girls SAJ	Tennis	Tennis	Striking	Striking	Striking	Striking	Striking	Striking	Striking	Striking		
			Games	Games	Games	Games	Games	Games	Games	Games		
	4G/ Field		MUGA/ Sportshall				4G/ Field					
Mixed MH	Striking	Striking	Tannia	Tennis Tennis	Tannia	Tannia	Striking	Striking	Striking	Striking		
	Games	Games	rennis		Tennis	Tennis	Games	Games	Games	Games		
	4G/ Field		4G/ Field				MUGA/ Sportshall					
Boys DM	Striking	Striking	Striking	Striking	Striking	Striking	Tennis	Tennis	Tennis	Tennis		
	Games	Games	Games	Games	Games	Games						