

8Y PE Schedule (8CMN, 8LPR, 8HP) *Schedule subject to change ie weather dependent etc

Half Term 1: September 4th 2023 - October 27th 2023														
Week	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4		
Date	05-Sep	07-Sep	11-Sep	19-Sep	21-Sep	25-Sep	03-Oct	05-Oct	09-Oct	17-Oct	19-Oct	23-Oct		
Lesson	INSET	1	2	3	4	5	6	7	8	9	10	11		
GCSE Link	Half-Term GCSE Link: Warm-Up, Cool Down and Heart Rate													
Girls	8Y2	SAJ2 DM1	Introduction to PE	MUGA						Sportshall				
Boys	8Y1	MH2 DM1		Sportshall						3G				
Mixed	8Y3	DW2 DM1		Fitness Suite						MUGA				

Half Term 2: November 6th 2023 - December 20th 2023													
Week	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1		
Date	07-Nov	09-Nov	13-Nov	21-Nov	23-Nov	27-Nov	05-Dec	07-Dec	11-Dec	19-Dec	21-Dec		
Lesson	12	13	14	15	16	17	18	19	20	21	22		
GCSE Link	Half-Term GCSE Link: Muscles										Christmas Tournament		
Girls	8Y2	SAJ2 DM1	Sportshall		Fitness Suite							Sportshall	
Boys	8Y1	MH2 DM1	3G		3G							Fitness Suite	
Mixed	8Y3	DW2 DM1	MUGA		Sportshall						3G		

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Half Term 3: January 8th 2024 - February 9th 2024

Week	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4
Date	08-Jan	16-Jan	18-Jan	22-Jan	30-Jan	01-Feb	05-Feb
Lesson	23	24	25	26	27	28	29
GCSE Link	Half-Term GCSE Link: Short Term and Long Term Effects of Exercise						
Girls	8Y2	SAJ2 DM1	Sportshall			Sportshall	
Boys	8Y1	MH2 DM1	Fitness Suite			Sportshall	
Mixed	8Y3	DW2 DM1	3G			Sportshall	

Half Term 4: February 19th 2024 - March 22nd 2024

Week	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1
Date	20-Feb	22-Feb	26-Feb	05-Mar	07-Mar	11-Mar	19-Mar	21-Mar
Lesson	30	31	32	33	34	35	36	37
GCSE Link	Half-Term GCSE Link: Components of Fitness							
Girls	8Y2	SAJ2 DM1	Sportshall	3G				
Boys	8Y1	MH2 DM1	Sportshall	Sportshall				
Mixed	8Y3	DW2 DM1	Sportshall	Fitness Suite				

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Half Term 5: April 8th 2024 - May 24th 2024

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Week	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4			
Date	08-Apr	16-Apr	18-Apr	22-Apr	30-Apr	02-May	06-May	14-May	16-May	20-May			
Lesson	38	39	40	41	42	43	44	45	46	47			
GCSE Link	Half-Term GCSE Link: Aerobic and Anaerobic Exercise												
Girls	8Y2	SAJ2 DM1	Introduction to Athletics	Athletics Track						MUGA			
				Athletics						Tennis			
Boys	8Y1	MH2 DM1		Athletics Track						3G/ Field			
				Athletics						Striking Games			
Mixed	8Y3	DW2 DM1		Athletics Track						3G/ Field			
				Athletics						Striking Games			

Half Term 6: June 3rd 2024 - July 19th 2024

Half Term 6: June 3rd 2024 - July 19th 2024													
Week	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1	2Mon4	1Tues5	1Thurs1		
Date	04-Jun	06-Jun	10-Jun	18-Jun	20-Jun	24-Jun	02-Jul	04-Jul	08-Jul	16-Jul	18-Jul		
Lesson	48	49	50	51	52	53	54	55	56	57	58		
GCSE Link	Half-Term GCSE Link: Principles of Training												
Girls	8Y2	SAJ2 DM1	MUGA			3G/ Field			3G/ Field				End of Year Tournament
			Tennis			Striking Games			Striking Games				
Boys	8Y1	MH2 DM1	3G/ Field			MUGA			3G/ Field				
			Striking Games			Tennis			Striking Games				
Mixed	8Y3	DW2 DM1	3G/ Field			3G/ Field			MUGA				
			Striking Games			Striking Games			Tennis				