

9Y PE Schedule (9SAJ, 9KMR, 9KSM) *Schedule subject to change ie weather dependent etc

Half Term 1: September 4th 2023 - October 27th 2023

Week	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2
Date	04-Sep	05-Sep	14-Sep	18-Sep	19-Sep	28-Sep	02-Oct	03-Oct	12-Oct	16-Oct	17-Oct	26-Oct
Lesson			1	2	3	4	5	6	7	8	9	10
GCSE Link	Half-Term GCSE Link: Warm-Up, Cool Down and Heart Rate											
Girls	9Y3	SAJ2 MH1			Introduction to PE	MUGA					Sportshall	
Boys	9Y2	DM	Sportshall					3G				
Mixed	9Y1	DW	Fitness Suite					MUGA				

Half Term 2: November 6th 2023 - December 20th 2023

Week	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4
Date	06-Nov	07-Nov	16-Nov	20-Nov	21-Nov	30-Nov	04-Dec	05-Dec	14-Dec	18-Dec	19-Dec
Lesson	12	13	14	15	16	17	18	19	20	21	22
GCSE Link	Half-Term GCSE Link: Muscles										
Girls	9Y3	SAJ2 MH1	Sportshall		Fitness Suite					Sportshall	
Boys	9Y2	DM	3G		3G					Fitness Suite	
Mixed	9Y1	DW	MUGA		Sportshall					3G	

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Half Term 3: January 8th 2024 - February 9th 2024

Week	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2
Date	11-Jan	15-Jan	16-Jan	25-Jan	29-Jan	20-Jan	08-Feb
Lesson	11-Jan	15-Jan	161	26	27	28	26
GCSE Link	Half-Term GCSE Link: Short Term and Long Term Effects of Exercise						
Girls	9Y3	SAJ2 MH1	Sportshall			3G	
Boys	9Y2	DM	Fitness Suite			Sportshall	
Mixed	9Y1	DW	3G			MUGA	

Half Term 4: February 19th 2024 - March 22nd 2024

Week	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4
Date	19-Feb	20-Feb	29-Feb	04-Mar	05-Mar	14-Mar	18-Mar	19-Mar
Lesson	27	28	29	30	31	32	33	33
GCSE Link	Half-Term GCSE Link: Components of Fitness							
Girls	9Y3	SAJ2 MH1	3G		Fitness Suite	Sportshall	Sportshall	Sportshall
Boys	9Y2	DM	Sportshall		Sportshall	Fitness Suite	Sportshall	Sportshall
Mixed	9Y1	DW	MUGA		Sportshall	Sportshall	Fitness Suite	Sportshall

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Half Term 5: April 8th 2024 - May 24th 2024

Week			2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2
Date			11-Apr	15-Apr	16-Apr	25-Apr	29-Apr	30-Apr	09-May	13-May	14-May	23-May
Lesson			34	35	36	37	38	39	40	41	42	43
GCSE Link			Half-Term GCSE Link: Aerobic and Anaerobic Exercise									
Girls	9Y3	SAJ2 MH1	Introduction to Athletics	Athletics Track							MUGA	
				Athletics							Tennis	
Boys	9Y2	DM		Athletics Track							3G/ Field	
				Athletics							Striking Games	
Mixed	9Y1	DW		Athletics Track							3G/ Field	
				Athletics							Striking Games	

Half Term 6: June 3rd 2024 - July 19th 2024

Week			1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4	2Thurs2	1Mon5	1Tues4
Date			03-Jun	04-Jun	13-Jun	17-Jun	18-Jun	27-Jun	01-Jul	02-Jul	11-Jul	15-Jul	16-Jul
Lesson			44	45	46	47	48	49	50	51	52	53	54
GCSE Link			Half-Term GCSE Link: Principles of Training										
Girls	9Y3	SAJ2 MH1	MUGA	3G/ Field				3G/ Field				End of Year Tournament	
			Tennis	Striking Games				Striking Games					
Boys	9Y2	DM	3G/ Field	MUGA				3G/ Field					
			Striking Games	Tennis				Striking Games					
Mixed	9Y1	DW	3G/ Field	3G/ Field				MUGA					
			Striking Games	Striking Games				Tennis					