



# Whitmore High School

## Physical Education Department

### Participation Policy



#### The Expectation is 100% Participation

- At Whitmore High School it is important to us that all pupils strive to be resilient, work hard, show respect and display responsibility in every area of school life.
- The PE department support this through our ethos of aiming for **100% participation**.
- This means that we require **all pupils to bring full and correct PE kit for every lesson, even if a medical note is provided.**

#### When kit is not brought to lessons

- When kit is not brought to lessons, **even with medical notes**, the following process will be applied (process applies half termly):
  - First occasion: discussion and reflection with PE teacher.
  - Second occasion: after school detention.
  - Third occasion: after school detention and PE teacher phone call to discuss with parent/guardian.
  - Fourth occasion onwards: after school detention and information shared with Head of Year.
  - **Any refusal to wear kit from PE store: 'Crossing the Red Line' issued and after school detention.**
  - The situation of each pupil will be dealt with on an individual basis e.g. pupils are exempt from above if medically excused with broken bones etc.

#### Medical Notes

- We understand that there are occasions when pupils will be unable to take a full active part in a lesson due to a medical condition or if they are recovering from illness or injury.
- When this happens, PE staff will endeavour to keep pupils as involved as possible so that they can continue their learning alongside their classmates.
- If a pupil is injured or unwell the following procedures should be followed:
  - **Pupils must still bring their PE kit along with a note explaining their condition.**
  - Their PE teacher will then discuss with them what they are able to do. Sometimes this will be taking part in some of the lesson; other times this will be taking on **alternative roles** within the lesson such as leadership, officiating or evaluating peer performance.
  - **Pupils must change into their PE kit to carry out these roles.**
- **Any refusal to wear kit from PE store: 'Crossing the Red Line' issued and after school detention.**

#### The benefits of this policy

- All pupils are **participating in the lesson, even if they can't access every element.**
- All pupils are in kit, which creates a **sense of unity**.
- All pupils are **prepared** to participate with their class, whether they are indoors or outdoors.
- All pupils are **contributing to the lesson and enhancing their learning experience.**
- All pupils will benefit from learning **different roles** such as performer, referee, score keeper, peer assessor etc.
- All pupils are **taking responsibility for their learning**; by bringing their PE kit and discussing any issues they have with their PE teacher, we are encouraging a more mature approach to their education.

## Hair and Jewellery

- Long hair should always be **tied back**.
- For their safety, pupils must ensure that **all jewellery** including piercings, chains and watches are removed when participating in PE and placed in their bag.

## Personal Belongings

- All PE kit must be **clearly marked** with the pupil's full name.
- The PE department strongly recommend that **no valuables are brought into school**, especially on the days when pupils have PE.
- **The school cannot accept responsibility for loss or damage of personal property.**

## Items left after lessons

- Any items left at the **end of each day** will be taken to lost property.

## Kit Checklist

- Whitmore High School PE kit can be purchased from the suppliers listed, with other items found in sports stores.

Ruckleys  
45 Holton Road  
Barry  
Vale of Glamorgan  
CF63 4HB  
01446 700006  
[www.ruckleys.co.uk](http://www.ruckleys.co.uk)

A Class Apart  
9 The Parade, Castle Drive  
Dinas Powys  
Vale of Glamorgan  
CF64 4NR  
02920 515722  
[www.aclassapart.co.uk](http://www.aclassapart.co.uk)

- **Indoor Kit:**
  - Compulsory: Whitmore High blue PE t-shirt, Whitmore High reversible games jersey, black shorts, leggings or skort, clean trainers.
  - Optional: Whitmore High blue hoody.
- **Outdoor Kit:**
  - Same as indoor kit, but should include reversible black tracksuit bottoms, performance under garments and astro boots/trainers.
  - Highly recommended: gum shield (for rugby and hockey)

## Contact

- If you have any questions about our participation policy or would like to discuss any element of the PE curriculum, please contact your child's PE teacher, either by phone 01446 411411 or via email:
  - Mr Mark Hutton (Head of Department): [huttonm6@hwbcymru.net](mailto:huttonm6@hwbcymru.net)
  - Mr David Williams: [williamsd774@hwbcymru.net](mailto:williamsd774@hwbcymru.net)
  - Mr David Manley: [manleyd6@hwbcymru.net](mailto:manleyd6@hwbcymru.net)
  - Mrs Sophie Angell-Jones: [angell-jonesS5@hwbcymru.net](mailto:angell-jonesS5@hwbcymru.net)