



Whitmore High School Policy

Policy Title: PE Participation Policy

The Expectation is 100% Participation

- At Whitmore High School it is important to us that all pupils strive to be **resilient, work hard, show respect and display responsibility** in every area of school life.
- The PE department support this through our ethos of aiming for **100% participation**.
- This means that all pupils are required to bring full and correct PE kit for every lesson, **even if a medical note is provided**.

When kit is not brought to lessons

- When kit is not brought to lessons (**even accompanied with a note***), **clean PE kit will be provided to allow participation**, and the following process will be applied (*resets half termly and process starts again*):
 - **First occasion: discussion and reflection with PE teacher.**
 - **Second occasion onwards: after school detention (date organised by head of year).**
 - Pupils will leave an item i.e. tie or pencil case, as a 'deposit' which will be returned when kit is brought back at the end of the lesson.
 - Any **refusal** to wear kit from the PE store will result in a 'Crossing the Red Line' being issued and an after school detention.
 - ***The situation of each pupil will be dealt with on an individual basis e.g. pupils are exempt from above if medically excused with broken bones etc.**

Medical Notes

- We understand that there are occasions when pupils will be unable to take a full active part in a lesson due to a medical condition or if they are recovering from illness or injury*.
- When this happens, PE staff will endeavour to keep pupils as involved as possible so that they can continue their learning alongside their classmates.
- If a pupil is injured or unwell the following procedures should be followed:
 - **Pupils must still bring their PE kit along with a note explaining their condition.**
 - Their PE teacher will then discuss with them what they are able to do. Sometimes this will be taking part in some of the lesson; other times this will be taking on **alternative roles** within the lesson such as leadership, officiating or evaluating peer performance.
 - **Pupils must change into their PE kit to carry out these roles.**
- Any **refusal** to wear kit from the PE store: will result in a 'Crossing the Red Line' issued and after school detention.
- ***The situation of each pupil will be dealt with on an individual basis e.g. pupils are exempt from above if medically excused with broken bones etc.**

The benefits of this policy

- All pupils are participating in the lesson, **even if they can't access every element**.
- All pupils are in kit, which creates a **sense of unity**.
- All pupils are **prepared** to participate with their class, whether they are indoors or outdoors.
- All pupils are **contributing** to the lesson and **enhancing their learning experience**.
- All pupils will benefit from learning **different roles** such as performer, referee, score keeper, coach etc.

Hair and Jewellery

- Long hair should always be **tied back**.
- For their safety, pupils must ensure that **all jewellery** including piercings, chains and watches are removed when participating in PE and placed in their bag.

Personal Belongings

- All PE kit must be **clearly marked** with the pupil's full name.
- The PE department strongly recommend that **no valuables are brought into school**, especially on the days when pupils have PE.
- **The school cannot accept responsibility for loss or damage of personal property.**

Items left after lessons

- Any items left at the **end of each day** will be taken to lost property.

Kit Checklist

- Whitmore High School PE kit can be purchased from the suppliers listed, with other items found in sports stores.

Ruckleys
45 Holton Road
Barry
Vale of Glamorgan
CF63 4HB
01446 700006
www.ruckleys.co.uk

A Class Apart
9 The Parade, Castle Drive
Dinas Powys
Vale of Glamorgan
CF64 4NR
02920 515722
www.aiclassapart.co.uk

- **Indoor Kit:**
 - Compulsory: Whitmore High blue and white PE t-shirt, black shorts, leggings or skort, clean trainers.
 - Optional: Whitmore High ¼ zip.
- **Outdoor Kit:**
 - Same as indoor kit, but can include black tracksuit bottoms, performance under garments and astro boots/trainers.
 - Highly recommended: gum shield (for rugby and hockey)

Contact

- If you have any questions about our participation policy or would like to discuss any element of the PE curriculum, please email office@whitmorehigh.org or the appropriate Head of Year who will forward the email onto the appropriate person(s).